

Vedic Cosmology Chart

Triloka The Three Worlds	Spiritual Beings	Sapta Loka 7 Planes	Sapta Cakra 7 Ganglia	Pañca Kośa 5 Vessels (Sheaths)	Śarīra Bodies	36 Tattvas Cosmic Principles
Śivaloka 3 rd World Causal Plane Śivaloka, the realm of the Archanglic “Gods” of Hinduism	Brahman / Paraśiva / Ātman Disem- bodied Saints Mahādevas the Archanglic “Gods” of Hinduism <i>Liberated Souls</i>	7) Satyaloka Plane of Truth	7 <i>chakras</i> <i>above the head</i> 7) Sahasrāra Crown of Head Illumination	5) Ānanda- māya Vessel of Bliss	3) Kāraṇa Śarīra Causal / Soul / Spiritual Body <i>(After death, this body carries the soul to Divine Union)</i>	Paraśiva (beyond tattvas) 1) Śiva (pure consciousness) 2) Śakti (Personal God)
		6) Tapaloka Plane of Austerity	6) Ājñā Third Eye Divine Sight	4) Vijñāna- māya Vessel of Knowing		3) Sadāśiva (revelment) 4) Īśvāra (concealment) 5) Śuddhavidyā (Pure Knowledge)
		5) Janaloka Creative Plane	5) Viśuddha Throat Divine Love	3) Manomāya Vessel of Intellect		6) Māyā (Manifestation / Illusion) 7) Kāla (time) 8) Niyati (karma) 9) Kalā (Creativity) 10) Vidyā (Knowledge) 11) Rāga (Desire) 12) Puruṣa (Shrouded Soul)
Antarloka 2 nd World The subtle or Astral Plane	<i>Reincarnating Souls</i> Devas (Angelic Beings) Pitṛs (Ancestors Śivagaṇas / Gandharvas / Apsaras (Middle Astral-plane Angels) Yakṣas (Nature Spirits) Pretas (Departed Souls in Transition)	4) Maharloka Great Plane Also called Devaloka Plane of Angelic Beings	4) Anāhata Heart Direct Cognition		2) Sūkṣma Śarīra Subtle / astral Body <i>(this is the body of dream & the body of the afterlife at birth the physical body is formed from the karmas of the astral body)</i>	13) Prakṛti (Primal Nature) 14-16) Antaḥkaraṇa (Mental faculties) 17-21) Jñānendriyas (Faculties of Sense) 22-26) Karmendriyas (Faculties of Action) 27-31) Tanmātras (Objects of Sense) 32-35) mahā bhūtas (1 st 4 Elements)
		3) Svarloka Celestial Plane	3) Maṇipūra Navel Willpower			31) Prithivī (Earth Element)
		2) Bhūvarloka Plane of atmosphere Pitṛloka Pretaloka	2) Svadhīṣṭhāna Bellow Navel Reason	2) Prāṇa- māya Vessel of Vitality		1) Annāmāya Vessel of Food / Physical Body
Bhūloka 3 rd World The Physical Plane	Jīvas (Embodied souls) Paśus (Living creatures)	1) Bhūloka Physical Plane	1) Mūlādhāra Base of Spine Memory, time, space			
Naraka The Antarloka’s Hellish Netherland	Bhūtas, Vetālas, Asuras, Piśācas, & Rākṣasas (Ghosts, Demons)		7 <i>Lower Chakras (in the legs)</i> Atala, Vitala, Sutala, Talātala, Rasātala, Mahātala, & Pātāla			