

|| sāyaṁ sandhyāvandanam ||

|| om om om ||

śuklām-baradharaṁ viṣṇuṁ śaśi-varṇam caturbhujam |
prasan-navadanam dhyāyet sarvaviḡhno-paśāntaye ||
sarasvati namastubhyaṁ varadhe kāma rūpiṇī |
vidya-rambham kariśyāmi siddhir-bhavatu me sadā ||

śrī gurubhyo namaḡ hariḡ om ||

|| āsana vidhi || Prayer to the Goddess Earth (before sitting)
pṛthvi tvayā dhṛtā lokā devi tvam viṣṇunā dhṛtā |
tvam ca dhāraya māṁ devi pavitraṁ kuru cāsanam ||

(seated)

|| ācamanīyam || Sipping water for purification
(swallow water thrice)
om brahmaṇe svāhā |
om viṣṇave svāhā |
om rudrāya svāhā ||

|| prāṇāyāmam || Breathing excersice for purifying the subtle channels

om prāṇāvasya | (Hold namaskaara mudra)

para-brahma ṛṣiḡ | (Touch forehead)

daivi-gāyatri candaḡ | (Touch nose)

paramātmā devatā | (Touch heart)

prāṇāyame viniyogaḡ | (Namaskaara mudra)

om om om

(breath in through left nostril)

om bhūḡ | om bhuvaḡ | om suvaḡ | om mahaḡ | om janaḡ | om tapaḡ | om

satyam |

(retain breath)

om tat savitur vareṇyam bhargó devasya dhīmahi |

dhīyo yonaḡ pracodayāt ||

(breath out through right nostril)

om āpo jyoti-rasomṛtam brahmā bhūrbhuvāḡ suvaḡ om ||

(Repeat the process starting with the right nostril and ending with the left)

|| saṅkalpaḥ || Statement of intent to preform the sandhya practice. Hold water in a spoon while chanting the mantra and then pour it into the cup or plate with the word "upashishye".

om tat sat om ||

mamo-pāṭṭa-samasta-durita-kṣa-yadvārā śrī-parameśvara-prītyartham | śrī-umā-maheśvara prasāda siddhyartham | śrī lakṣmī-nārāyaṇa prasāda siddhyartham | śrī gāyatrī-savitṛī-sarasvatī prasāda siddhyartham | sarvaloka śāntyartham | yathā śakti |
sāyam sandhyām-upasiṣye ||

aghamarṣaṇam | arghyapradānam | gāyatri mantra japam ca kariṣye ||
(sprinkle water for purification, saying:)
āpa upas-prśya ||

|| ātma pūjām || tilakaṁ || Worship of the Divine Self / Application of holy ash etc. to the forehead

(touch five fingers to chest)

om ātmāne namaḥ | om bhūr bhuvāḥ suvārom ||

(aply vibhUti to forehead or ku~Nkuma, candana and vibhUti and wear rudraaksha malam)

om tryāmbakaṁ yajāmahe sugandhim puṣṭi-vardhanaṁ |
urvā-rukaṁivā bandhanān mṛtor mūkṣīya mām'mṛtāt ||

|| mārjanam ||

[Maarjanam is for purifying the mind and body. Keep a spoon of water in the left hand. Sprinkle with the right hand ring finger three organs of the body. First sprinkle the feet, head, and then heart. Next sprinkle heart, feet, and then head. Finally the head, heart, and feet.

om āpo hiṣṭhā māyo bhuvāḥ | (feet)

tā nā ūrje dadhātana | (head)

maheraṇāya cakśase | (heart)

yo vāḥ śivatāmo rasāḥ | (heart)

tasyā bhājayate hanaḥ | (feet)

uśatīriva mātarāḥ | (head)

tasmā araṁ gamāma vāḥ | (head)

yasya kśayāya jinvatha | (heart)

āpo janayathā ca naḥ || (feet)

With this mantra sprinkle water around your head in a clockwise direction

om bhūr bhuvāḥ suvāḥ

|| āpa prāsanam ||

(Praying for removal of Misconduct / Purification with water Water. Keep a spoon of water in the palm of the right hand Face East while chanting each group of mantras. After repeating this prayer for the purification of faults and misdeeds, swallow the water.) (Face West)

om agniśca mā manyuśca manyu-patayśca manyu-kṛtebhyaḥ | pāpebhyo
rakṣantām | yadrātriyā pāpamākārṣam | manasā vācā hastābhyām | padbhyā-
mudareṇa śiśnā | aha-stadavalum-patu | yatkiñca duritam mayi | idamaham
māma-mṛtayonau | satye jyotiṣi juhomi svāhā ||

|| ācamanīyaṁ || repeat aacamanam

(swallow water thrice)

om brahmaṇe svāhā |

om viṣṇave svāhā |

om rudrāya svāhā ||

|| punarmārjanam || Repeat maarjanam

[Repeat the mantras and actions of Maarjanam. Keep a spoon of water in the left hand. Sprinkle with the right hand ring finger three organs of the body. First sprinkle the feet, head, and then heart. Next sprinkle heart, feet, and then head. Finally the head, heart, and feet. First Pray saying:

dadhi-kṛavinno akāriṣam jiṣṇo-raśvasya vājinaḥ |

surabhi no mukhā karat praṇa āyūgmṣi tāriṣat . |

om āpo hiṣṭhā māyo bhuvāḥ | (feet)

tā na ūrje dādhatana | (head)

maheraṇāya cakśase | (heart)

yo vaḥ śivatamo rasaḥ | (heart)

tasya bhājayate hanaḥ | (feet)

uśatiriva mātaraḥ | (head)

tasmā aram gamāma vaḥ | (head)

yasya kśayāya jinvatha | (heart)

āpo janayathā ca naḥ || (feet)

With this mantra sprinkle water around your head in a clockwise direction

om bhūr bhuvāḥ suvāḥ ||

|| āpa prārthanām || Prayer to the water deva for healing

apsu me somo abravī-dantar-viśvāni bheṣajā |

agniñca viśva-sambhuvam āpaśca viśva-bheṣajih , ||

|| ācamanīyaṁ || repeat aacamanam
(swallow water thrice)
om brahmaṇe svāhā |
om viṣṇave svāhā |
om rudrāya svāhā ||

|| aghamarṣaṇam || Ritual for overcoming misconduct. This verse is for the removal of misconduct arising from ignorance. Hold a spoonfull of water in the right palm and meditate on the meaning of the mantra. When complete (if you have recieved instruction) inhale water through the right nostril and let it drip out from the left nostril. Envision that this process is cleansing your delusions and misconduct.

om ṛtaṁ cetyasya | (hold namaskaara mudra)
aghamarṣaṇa ṛśiḥ | (touch forehead)
anuṣṭup chandah | (touch top lip)
bhava-vṛtyo devatā | (touch heart)
asva medhā vabhṛte viniyogaḥ | (hold namaskaara mudra)

om ṛtaṁ ca satyaṁ cā bhūddhā-ttapaśo'dhyajāyata |
tato rātrira-jāyata tataḥ samudro arṇavaḥ ||
samudrā-darṇavā dadhi samvatsaro ajāyata |
aho rātrāṇi vidadha-dviśvasya miṣato vaśi ||
sūryā-candramasau dhātā yathā pūrva-makalpayat . |
divaṁ ca pṛthivīm cām-tarikṣa-matho suvaḥ ||

|| arghyapradānam || (arghyam is an offering of water. This offering is made 3 times unless the proper time has been missed for preforming sandhyaa. If the time has been missed it is offered one additional time as compensation. This should be done pouring to the West)

om bhūr bhuvāḥ suvaḥ | om tatsavitur vareṇyaṁ bhargō devasya dhīmahi |
dhiyo yo naḥ pracodayāt ||(Offer water. Repeat 3 or 4 times)

|| prāyaścitta arghyaṁ ||
(Offer water as before 1 time)

om bhūr bhuvāḥ suvaḥ | om tatsavitur vareṇyaṁ bhargō devasya dhīmahi |
dhiyo yo naḥ pracodayāt ||(Then pray with the following mantra:)
āpo jyotir rasomṛtaṁ brahma bhūr bhuvāḥ suvaḥ āpa om

|| ācamanīyaṁ || repeat aacamanam

(swallow water thrice)

om brahmaṇe svāhā |

om viṣṇave svāhā |

om rudrāya svāhā ||

|| ātma-pradakṣiṇaṁ || (while holding namaskara mudra, turn clockwise three times around)

om namo brahmaṇe namo astvagnaye namaḥ pṛthivyai nama oṣadībhyaḥ |

namo vāce namo vācaspataye namo viṣṇave bṛhate kāromi || (repeat mantra three times)

(Pour water)

om bhūr bhuvāḥ suvāḥ ||

(With these mantras meditate that you are the Light of the Sun and that you and Brahma are the same)

sa yaścāyaṁ puruṣe | yaścāsā-vāditye |

ārdraṁ jvalāti jyotir-rahamāsmi | jyotir-jvalāti brahmā-hamāsmi | yo'ha-māsmi

brahmā-hamāsmi | ahamāsmi brahmā-hamāsmi |

asāvādityo brahma brahmai-vāhamāsmi ||

|| deva tarpaṇam ||

om bhavasya devasya patniṁ tarpayāmi |

om sarvasya devasya patniṁ tarpayāmi |

om īśānasya devasya patnīm tarpayāmi |

om paśupataye devasya patniṁ tarpayāmi |

om rudrasya devasya patniṁ tarpayāmi |

om ugrasya devasya patniṁ tarpayāmi |

om bhīmasya devasya patniṁ tarpayāmi |

om mahato devasya patniṁ tarpayāmi |

|| nityā tarpaṇam || (Face West)

om kāmeśvarīm tarpayāmi |

om bhaga-mālinīm tarpayāmi |

om nityā-klinnāṁ tarpayāmi |

om bheruṇḍāṁ tarpayāmi |

om vahni-vāsinīm tarpayāmi |

om mahā-vajreśvarīm tarpayāmi |

om śiva-dūtīm tarpayāmi |

om tvaritām tarpayāmi |
om kula-sundarīm tarpayāmi |
om nityām tarpayāmi |
om nīla-patakām tarpayāmi |
om vijayām tarpayāmi |
om sarva-maṅgalām tarpayāmi |
om jvālā-mālinīm tarpayāmi |
om citrām tarpayāmi |
om ṣoḍaśīm tarpayāmi ||

|| prāṇāyāmaḥ || Face West)

prāṇānayaṃya (Namaskaara mudra)

om om om

(breath in through left nostril)

om bhūḥ | om bhuvaḥ | om suvaḥ | om mahaḥ | om janaḥ | om tapaḥ | om
satyaḥ |

(retain breath)

om tat sāvitur vareṇyaḥ bhargó devasya dhīmahi |

dhīyo yonaḥ pracodayāt ||

(breath out through right nostril)

om āpo jyoti-rasomṛtaḥ brahmā bhūrbhuvāḥ suvar om ||

(Repeat process starting with the right nostril and ending with the left)

|| gāyatrī mantra japam (Face West)||

|| viniyogaḥ || (Announcing the "breakdown" of the mantra's mystical parts. You should
face east toward the place where the Sun will rise.)

(hold namaskaara mudra and say:)

om asya śrī gāyatrī mahā mantrasya |

viśva-mitra ṛṣiḥ | (touch fore-head)

gāyatri chandaḥ | (touch nose)

sāvita devatā | (touch heart)

om iti bijaḥ | (touch right upper abdomen)

ādityaiti śaktiḥ | (touch left upper abdomen)

gāyam iti kīlakam | (touch throat)

śrī umā-maheśvara prītyatham | (hold namaskaara mudra)

śrī lakṣmī-nārāyaṇa prītyartham |

śrī gāyatri-sāvitrī-sarasvatī prasāda-siddhyarthe prātaḥ sandhyā jape viniyogaḥ

||

|| k̄ara nyāsaḥ ||

(We install divinity into these fingers by saying this mantra while touching that finger. This gesture is complicated to explain.)

om tatsāvitur aṅguṣṭhābhyāṁ namaḥ | [thumb finger]

om vareṇyāṁ tarjanībhyāṁ namaḥ | [index finger]

om bhargō devasyā madhyamābhyāṁ namaḥ | [middle finger]

om dhīmahī anāmikābhyāṁ namaḥ | [ring finger]

om dhīyo yo naḥ kaniṣṭhikābhyāṁ namaḥ | [small finger]

om pracodayāt karatala-kara-prṣṭhābhyāṁ namaḥ | [front & back side of the hands]

|| ṣaḍaṅganyāsaḥ || (This is for installing Divine shakti into the various limbs)

om tatsāvitur hṛdayāya namaḥ | [heart]

om vareṇyāṁ śirase svāhā | [centre portion of the head]

om bhargō devasyā śikhāyai vaṣaṭ . | [back portion of the hair of the head]

om dhīmahi kavacāya hum | [both shoulders]

om dhīyo yo naḥ netra-trayāya vaṣaṭ . | [the three eyes]

om pracodayāt astrāya phaṭ . | [clap]

om bhūr bhuvaḥ suvar om | iti digbandhaḥ || [circle the head and snap: this forms a seal in all the directions connecting you to the Devas and Mahadevas while protecting from the Bhutas and Grahas in the Lower Lokas.]

dhyānam (Mantra for meditation on the Form of Gaayatri Devii: Hold the dhyāna mudra and say)

dhyāyet-sadā savitr-maṇḍala-madhya-vartī nārāyaṇaḥ sara-sijāsa-nīviṣṭaḥ |
keyū-ravān makara-kunḍalavān kirīṭī hārī hiraṇma-yavapuḥ dhṛta-
śaṅkhacakraḥ ||

|| gāyatrī āvāhanam || (Invocation of Goddess Gaayatri. You should have a picture of Goddess gaayatri with five heads for this invocation and puujaa. You should meditate on the picture while saying the gaayatri mantra.)

om bhūr bhuvaḥ suvaḥ | om tatsāvitur vareṇyāṁ bhargō devasyā dhīmahi |
dhīyo yo naḥ pracodayāt ||

(Then invoke Goddess Gaayatri saying:)

om āyātu varādā devī akṣaram brahma-sammitam |

gāyatrīm chadaśām matedam brahma juṣasva me ||

yadahnāt-kurute pāpam tadahnāt-pratimucyate | yadātriyā-kurute pāpam

tadātriyāt-pratimucyate | sarva varṇa mahādevī sandhyāvidye sarasvati || ojo'si

saho'si balamasi bhrājo'si devānām dhāma-nāmāsi viśvamasi viśvayu-
ssarvamasi sarvāyu-rabhibhūroṃ |
gāyatrīm-āvāhayāmi | sāvitrīm-āvāhayāmi | sarasvatīm-āvāhayāmi |
chandarsīn-āvāhayāmi | śriyam-āvāhayāmi ||

|| prārthanām || (prayer)

(Hold namaskara mudra and pray for the blessings of Goddess Gaayatrii as you do your practice.)

āgaccha varāde devī jape me sannidhau bhava |
gāyantam trāyase yasmād-gāyatrī tvam tataḥ smṛtā ||

|| gāyatri japam || (Now practice japa of the Gaayatri mantra. This should be done as the mantra was given to you by the Guru. You may say 108 or more times, but should say at least ten repetitions. Please see appendix A, "Mantra Japam" for specific guidelines. It may be a good general suggestion to do 108 repetitions for praatah sandhyaam.)

om bhūr bhuvāḥ suvāḥ | om tat sāvitur vareṇyam bhargō devasyā dhīmahi |
dhīyo yo naḥ pracodayāt ||

|| upasthānam || (Prayer for placing the deity in the body and causing the effects of the practice to remain after the practice. Hold the namaskara mudra while praying:)

uttamē śikhare jāte bhūmyām pārvata-mūrdhani |
brāhmanēbhyo'bhyānu-jñātā gaccha-devi yathā-sukham ||
stuto mayā varadā veda-mātā pracodayanti pavanē dvijātā |
āyuh pṛthivyām draviṇam brahma-varcaśam mahyam datvā prajātum brahma-
lokam ||

|| gāyatri dhāraṇā || (Contemplation on the Illumination of the Sun Goddess. This meditation may be done in one of three ways. See the appendix B, "Dhyaanam; Meditation." It is recommended that one meditate for about one quarter of the time of japa. If japa takes ten minutes, one should meditate at least 2 1/2 minutes, etc.)

|| deva prārthanām || (Prayer to the Light of God. Hold namaskaara mudra and pray:)

om imam me varuṇa śrudhī havāmadhyā ca mṛṇaya | tvāma-vasyurācāke ||
tatvā yāmi brahmaṇā vandamāna-stadaśāste yajamāno havirbhiḥ | ahē-ḍamāno
varuṇeha bodhyuruśagm sa mā na ayuh pramoṣiḥ . || yacciddhi te viśo yathā
pradēva varuṇa vratam | minīmasi dhyavidhyavi || yat kiñcedam varuṇa daivye
jane-bhidroham manuṣyā-ścarāmasi | acittī yattava dharmā yuyopima mā

naṣṭasmā¹-dena¹so deva rīriṣaḥ || ki¹ta¹vāso¹ yadriri¹-purna dīvi yadvā¹ ghā
sattya¹mūta yanna vidma | sarvā¹ tā viṣya śithireva devāthā te syāma varuṇa
priyāsaḥ ||

|| samaṣṭyabhi vādanam || (praising all divinity)
(facing East) om sandhyāyai namaḥ
(facing South) om sāvitryai namaḥ
(facing West) om gāyatryai namaḥ
facing North) om sarasvatyai namaḥ
(West) om āvāhitābhyaḥ sarvābhyo devatābhyo namaḥ
om kāmō'kārṣin manyu-rakārṣin namo namaḥ |

|| pāpanivaraṇa vandanam ||
agne naya¹ supathā¹ rāye a¹smān viśvāni¹ deva vāyunāni¹ vidvān |
yuyo¹-dhyasma¹jjuhu-rāṇa¹meno bhūyiṣṭhām¹ te nama¹ uktim vidhema ||
pariṇo¹ rudrasya¹ hetirvṛ¹ṇaktu¹ pari tveṣasya¹ durmatiraghāyoḥ |
ava¹ sthirā¹ maghavad¹-bhya-stanuṣva¹ mīdhva¹-stokāya¹ tanayāya¹ mṛdaya ||

|| yama-durgā-rudra vandanam ||
yamāya¹ ghṛtava¹-ddhavi¹ruhotā¹ pra ca¹ tiṣṭhata |
sa¹ nō¹ deveṣvā¹ yama-ddirghamāyuh¹ pra jīvase¹ ||
jātavedase¹ sunavāma¹ soma-marātīyato¹ nidahāti¹ vedah |
sa¹ naḥ¹ parṣadati¹-durgāni¹ viśvā¹ nāveva¹ sindhum¹ duritā¹-tyagnih ||
stuhi¹ śrūtaṁ¹ gārtasadaṁ¹ yuvānaṁ¹ mṛganna¹ bhīma¹-mūpaha¹tnumugram | mṛdā¹
jaritre¹ rudra¹ stavāno¹ anyante¹ a¹smannivāpantu¹ senāḥ ||

|| deva vandanam || (Prayer to VishNu, Lakshmi, Vishvadeva, etc. Hold namaskaara
mudra.)

tacchaṁ¹ yorāvṛ¹ṇīmahe | gātuṁ¹ yajñāya¹ | gātuṁ¹ yajñapataye | daivī¹svastirāstu
naḥ | svastirmānuṣebhyaḥ | ūrdhvaṁ¹ jigātu¹ bheṣajam | śanno¹ astu dvīpade¹ | śam
catuspade |

ṛtagm¹ satyam¹ param¹ brahma¹ puruṣam¹ kṛṣṇapiṅgalam |
ūrdhvaretaṁ¹ virūpākṣam¹ viśvarūpāya¹ vai namo¹ namaḥ ||
tadviṣṇoḥ¹ paramaṁ¹ padagm¹ sadā¹ paśyanti¹ sūrayaḥ |
divīva¹ cakṣurātataṁ ||
tadviprāso¹ vipanyavo¹ jāgrvāgm¹ sassamīndhate |
viṣṇoryatparamaṁ¹ padam ||
brahma¹ devāna¹-janayat . |

brahma¹ viśva¹-midam¹ jagat¹ . |
brahmaṇaḥ¹ , kṣatraṁ¹ nirmītam¹ |
brahma¹ brāhmaṇa¹ ātmanā¹ ||
mayi¹ medhām¹ mayi¹ prajāṁ¹ mayyagnistejo¹ dadhātu¹ mayi¹ medhām¹ mayi¹ prajāṁ¹
mayīndra¹ indriyaṁ¹ dadhātu¹ mayi¹ medhām¹ mayi¹ prajāṁ¹ mayi¹ sūryo¹ bhrājo¹
dadhātu¹ ||
om haṁsa¹ haṁsāya¹ vidmahe¹ parama-haṁsāya¹ dhīmahi¹ |
tanno¹ haṁsaḥ¹ pracodayā¹"t ||
om śānti¹-śśānti¹-śśāntiḥ¹ ||

|| japasthāna prokṣaṇam || (Face East, and sprinkle a few drops of water where you
were seated and around.)
adyā¹ no¹ deva-savitāḥ¹ | prajāvāt¹ sāvīḥ¹ saubhāgam¹ | parā¹-duṣvapnāyagn¹-suva¹ ||
viśvāni¹ deva savitā¹-duritāni¹ parā¹ suva¹ | yadbhadraṁ¹ tanma¹ āsuva¹ ||
gāyatrī¹ prasāda¹ siddhirāstu¹ ||

|| prārthanām || (rayer surrendering the results to the lords vill hold namaskāra
mudra)
kāyena¹ vācā¹ manasēṁ¹-driyairvā¹
budhyāt¹-manā¹ vā¹ prakṛti¹-svabhāvāt¹ |
karomi¹ yadyat¹-sakalaṁ¹ parasmai¹
sūrya¹-nārāyaṇā¹-yeti¹ samar¹-payāmi¹ ||

|| śānti pāṭha || (Prayer to offer this practice to the peace of All the world)
om bhadraṁ¹ karṇebhiḥ¹ śṛṇuyāma¹ devāḥ¹ |
bhadraṁ¹ paśyemākṣa¹-bhīryajātrāḥ¹ || sthira¹iraṅgai¹-stuṣṭuvāṁ¹-sāsta¹nūbhiḥ¹ |
vyaśyema¹ devahitaṁ¹ yadāyuh¹ ||
svasti¹ na¹ indro¹ vṛddha¹-śravāḥ¹ |
svasti¹ naḥ¹ pūṣā¹ viśva¹-vedāḥ¹ ||
svasti¹ nastārksyo¹ ariṣṭa¹-nemiḥ¹ |
svasti¹ no¹ brhaspatir¹-dadhātu¹ ||
om śānti¹ śśānti¹ śśāntiḥ¹ |

om saḥā¹ nā¹-vavatu¹ | saḥā¹ nau¹ bhunaktu¹ | saḥā¹ viryaṁ¹ kara¹-vāvahai¹ |
tejasvināv¹-adhīta¹-mastu¹ mā¹ vidviṣā¹-vaha¹ |
om śānti¹ śśānti¹ śśāntiḥ¹ |

om aśato¹ mā¹ sat¹ gamāya¹ |

tama₂so mā₁ jyoti₂r-gama₁ya |
mṛi₂tyor mā₁ amṛ₂taṁ gamā₁ya ||
om śā₂nti śśā₂nti śśā₂ntiḥ |

|| ācā₂rya samarpanam ||
om svasti prajā₂-bhyaḥ pari-pā₁layantām |
jñā₂yena mā₁rgeṇa mahim mahī₁śa ||
gobrahmā₂ṇebhyaḥ śubhamastu nityam |
lokā₂ḥ samasthā₂ḥ sukhino bhavantu |
ai₂nkā₁ra hrī₂nkā₁ra rahasya yukta
śrī₂nkā₁ra kū₂dhārtha mahāvibhū₂tyāḥ |
omkā₂ra marmā₂ pradipā₂nibhyām
namo₂ namaḥ śrī₂-guru-pā₂dukā₂bhyām ||
ājñā₂na-nā₂śanā₂ya vidmahe jñā₂na-praka₂ṣā₂ya dhī₂mahi |
tanno guru-pā₂dukā₂ḥ pracō₂dayāt ||
tat₂-dakṣi₂ṇā₂ya vidmahe guru-mū₂rtaye dhī₂mahi | tanna-śśivaḥ pracō₂dayāt ||
om śrī₂ gaṇanā₂th-āmṛ₂t-ā₂nanda svā₂mine namaḥ ||

|| samarpaṇam || (Offering the results of the practice to the Lord: Hold a spoon of water while chanting and pour into the cup after the mantra)
om anena sandhyā₂-vandana-nena - bhā₂gavā₂n sarva devāt₂makaḥ - śrī₂
parameś₂vara prī₂yatām | prī₂yato varadō bhava₂tu ||

|| visarjanam || (Farewell: Meditate upon the Divinity invoked returning to the heart. With iti digvimokaha clap the hands to Remove the seal created for the Ritual)
om gā₂yatryai₂ namaḥ | gā₂yatrīm₂-sāvitrīm₂-sarasvatīm₂-chandarsī₂n-śrī₂yām yathā₂-
sthā₂nam | prati₂ṣṭhā₂payā₂mi ||
śobha₂-narthe | kṣe₂mā₂ya | punarā₂-gama₂nā₂ya ca
om bhūr bhuvā₂ḥ suvā₂ḥ | iti dig₂-vimokā₂ḥ ||

|| kṣama₂prārthanām || (Prayer of Apology: Hold namaskaara mudra)
yasya smṛ₂tyā ca nā₂moktyā tapa-ssandhyā₂-kriyā₂diṣu |
nyū₂nam sampūr₂-ṇatām yāti sadyo vande tamacyutam |
mantra-hī₂nam kriyā₂-hī₂nam bhakti-hī₂nam sureś₂vara |
yat pū₂jitam mayā deva pari-pūr₂ṇam tadastu me ||
anyathā śara₂ṇam nā₂sti tvameva śara₂ṇam mama |
tasmāt kā₂ruṇya-bhā₂vena rakṣa rakṣa maheś₂vara ||

|| arpaṇam || (Final prayer entrusting our Lives to the Lord and Offering our works at His Holy Feet)

om tat sat |

śrī brahmār-paṇamāstu ||