

|| mahā nyāsam ||

om namaḥ śivāya ||

mahā nyāsaḥ pañca-pāṭha prāṇambhaḥ ||

śivāya namaḥ | om ||

gaṇānām tvā gaṇapatī gr̥m havāmahe kavīm kavīnām-ūpama-śrāvastamam |  
jyeṣṭharājām brahmaṇām brahmaṇas-pata ā naḥ śṛṇva-nnūtibhiḥ sīda sādānam  
||

om mahā-gaṇapataye namaḥ ||

|| pañcāṅga-rudra nyāsaḥ ||

atha pañcāṅga-rudrāṇām nyāsa-pūrvakaṁ japa-homārcanā-bhiṣeaka-vidhiṁ  
vyākhyāsyāmaḥ ||

oṅkāra mantra saṁyuktaṁ nityaṁ dhyāyanti yoginaḥ |  
kāmadam mokṣadam tasmai oṅkārya namo namaḥ ||

namaste devadeveśa namaste parameśvara |  
namaste vṛṣabhā-rūḍha nakārāya namo namaḥ ||

om namo bhagavate rudrāya ||  
om bhūr bhuvā ssuvāḥ | om nam |  
namaste rudra maṇyavā utotā iṣave namaḥ |  
namaste astu dhanvane bāhubhyāmuta te namaḥ ||

yā ta iṣuḥ śivatāmā śivam bābhūva te dhanuḥ |  
śivā śaravyā yā tava tayā no rudra mṛḍaya ||

kaṁ kham gaṁ gham naṁ | ya ra la va śa ṣa ṣa hoṁ |  
om namo bhagavate rudrāya | nam om | pūrvāṅga rudrāya namaḥ ||

mahādevaṁ mahātmānaṁ mahā pātaka nāśanam |

mahā pāpa haram vande makārāya namo namaḥ ||

om bhūr bhuvā ssuvāḥ | om maṁ |  
apaītu mṛtyu-ramṛtānna āgaṅ-vaivasvato no abhāyaṁ kṛnotu |  
paṇam vanaspatē-ivābhina-śśīyatāgm rayissa catānnāḥ śacīpatīḥ ||

caṁ chaṁ jaṁ jhaṁ ñam | ya ra la va śa śa sa hoṁ |  
om namo bhagavate rudrāya | maṁ om | dakṣiṇāṅga rudrāya namaḥ ||

śivaṁ śāntaṁ jagannāthaṁ lokānu-graha kāraṇam |  
śivamekaṁ paraṁ vande śikārāya namo namaḥ ||

om bhūr bhuvā ssuvāḥ | om śim |  
nidhāna-pataye namaḥ | nidhāna-patāntikāya namaḥ |  
ūrdhvāya namaḥ | ūrdhva-liṅgāya namaḥ |  
hiraṇyāya namaḥ | hiraṇya-liṅgāya namaḥ |  
suvarṇāya namaḥ | suvarṇa-liṅgāya namaḥ |  
divyāya namaḥ | divya-liṅgāyanamaḥ |  
bhavāya namaḥ | bhava-liṅgāya namaḥ |  
śarvāya namaḥ | śarva-liṅgāya namaḥ |  
śivāya namaḥ | śiva-liṅgāya namaḥ |  
jvalāya namaḥ | jvala-liṅgāya namaḥ |  
ātmāya namaḥ | ātma-liṅgāya namaḥ |  
paramāya namaḥ | parama-liṅgāya om namaḥ |  
etat somasya sūryasya | sarva-liṅgagg |  
sthāpayati | paṇi-mantraṁ pavitraṁ ||

ṭam ṭham ḍam ḍham ṇam | ya ra la va śa śa sa hoṁ |  
om namo bhagavate rudrāya | śim om | paścimāṅga rudrāya namaḥ ||

vāhanaṁ vṛṣabho yasya vāsukiḥ kaṅṭha bhūṣaṇam |  
vāme śaktidharaṁ vande vākārāya namo namaḥ ||

om bhūr bhuvā ssuvāḥ | om vām |  
yo rudro agnau yo apsu ya ośadhīṣu yo rudro viśvā bhuvanā"viveśa tasmai  
rudrāya namo astu ||

taṁ thaṁ daṁ dhaṁ naṁ | ya ra la va śa śa sa hoṁ |  
om namo bhagavate rudrāya | vāṁ om | uttarāṅga rudrāya namaḥ ||

yatra kutra sthitaṁ devaṁ sarva vyāpinamīśvaram |  
yalliṅgaṁ pūjaye-nnityaṁ yakārāya namo namaḥ ||

om bhūr bhuvā ssuvaḥ | om yaṁ |  
prāṇānām granthirasi rudro mā viśāntakaḥ |  
tenā-nnenāpyāyāsva ||  
namo rudrāya viṣṇave mṛtyurme pāhi ||

paṁ pham baṁ bhaṁ maṁ | ya ra la va śa śa sa hoṁ |  
om namo bhagavate rudrāya | yaṁ om | ūrdhvāṅga rudrāya namaḥ ||

|| pañcāṅga mukha dhyānam ||

atha pañcāṅga mukha nyāsaḥ ||

namaḥ śivāya ||

om naṁ | tat-puruṣāya vidmahe mahādevāya dhīmahi |  
tanno rudraḥ pracodayāt ||

samvartāgni taṭit-pradīpta kanaka praspardhi tejomayaṁ  
gambhīra-dhvani sāmaveda janakaṁ tāmrādharmaṁ sundaram |  
ardhem-dudyuti lolapiṅgala jaṭābhāra prabaddhoragaṁ  
vande siddha surāsurendra namitaṁ pūrvaṁ mukhaṁ śūliṅgaḥ ||

om namo bhagavate rudrāya | naṁ om | pūrva mukhāya namaḥ ||

om maṁ | aghorebhyo'tha ghorebhyo'ghora-ghora-tarebhaḥ |  
sarvebhyas-sarvasarvebhyo namaste astu rudrarūpebhyaḥ ||

kālābhra bhramarām-janadyuti nibhaṁ vyāvṛtta piṅgeksaṇaṁ  
karṇod-bhāsita bhogimastaka maṇiprodrirṇa daṁṣṭrāṅkuram |  
sarpa prota kapāla śukti śakala vyākīrṇa-sacchekharam  
vande dakṣiṇa-mīśvara syakuṭila bhrūbhaṅga raudraṁ mukham ||

om namo bhagavate<sup>1</sup> rudrāya | ma<sup>1</sup>m om | dakṣiṇa mukhāya namaḥ ||

om śim<sup>1</sup> | sadyojātaṁ prāpadyāmi<sup>1</sup> sadyojātāyavai namo<sup>1</sup> namaḥ | bh<sup>1</sup>ave bh<sup>1</sup>ave  
nāti<sup>1</sup> bh<sup>1</sup>ave bhava<sup>1</sup>svamām | bh<sup>1</sup>avodbh<sup>1</sup>avāya<sup>1</sup> namaḥ ||

prāleya-calamindu kunda dhavaḷaṁ gokṣīra phena prabhaṁ  
bhasmābhyakta manaṅga deha dahana jvālāvalī locanam |  
brahmandādi marudraṇai stsutipadai rabhyarcitaṁ yogibhiḥ  
vandehaṁ sakalaṁ kaḷaṅka rahitaṁ sthāṇormukhaṁ paścimam ||

om namo bhagavate<sup>1</sup> rudrāya | śim<sup>1</sup> om | piścima mukhāya namaḥ ||

om vām<sup>1</sup> | vāmadevāya<sup>1</sup> namo<sup>1</sup> jyeṣṭhāya<sup>1</sup> namaś-śreṣṭhāya<sup>1</sup> namo<sup>1</sup> rudrāya<sup>1</sup> namaḥ |  
kālāya<sup>1</sup> namaḥ kalāvikaṇāya<sup>1</sup> namo<sup>1</sup> balāvikaṇāya<sup>1</sup> namo<sup>1</sup> balāya<sup>1</sup> namo<sup>1</sup>  
balapramathanāya<sup>1</sup> namaś | sarvabhūtadamanāya<sup>1</sup> namo<sup>1</sup> maṇonmanāya<sup>1</sup> namaḥ ||

gauram kuṅkuma paṅkilaṁ sutilakaṁ vyāpāṇḍu gaṇḍasthalaṁ  
bhrūvikṣepa kaṭākṣa vikṣaṇa lasat-saṁsakta karṇot-phalam |  
snigdhaṁ biba phalādharmaṁ prahasitaṁ nīlākā-laṅkṛtaṁ  
vande pūrṇa śaśāṅka-maṇḍala-nibhaṁ vaktraṁ hara-syottaram ||

om namo bhagavate<sup>1</sup> rudrāya | vām<sup>1</sup> om | uttara mukhāya namaḥ ||

om yaṁ<sup>1</sup> | īśānaś-sarvā-vidyāṇa<sup>1</sup>-mīśvaras-sarvā-bhūtānām |  
brahmā-dhīpatir-brahmaṇo'dhīpatir-brahmā śivo me astu sadā-śivom ||  
|| guhyādi mastakāntaṁ ṣaḍaṅga nyāsaḥ ||

vyaktāvyakta guṇetaraṁ parataraṁ ṣaṭtrimśa tatvātmakaṁ  
tasmā-duttama tattva-makṣara-midaṁ dhyeyaṁ sadā yogibhiḥ |  
oṅkāradī samasta mantra janakaṁ sūkṣmāti sūkṣmaṁ paraṁ  
śāntaṁ pañcama-mīśvarasya vadaṇaṁ khaṁvyāpi tejomayam ||

om namo bhagavate<sup>1</sup> radrāya | yaṁ<sup>1</sup> om ūdhva mukhāya namaḥ ||

pūrve paśupatiḥ pātu dakṣiṇe pātu śaṅkaraḥ |  
paścime pātu viśveśo nīlakaṇṭha-stathottare ||

īśānyām pātu mām śarvo hyāgneyyam pārvatī patih |  
nairṛtyām pātume-rudro vāyavyām nīllohitaḥ ||

ūrdhve trilocanaḥ pātu adharāyām maheśvaraḥ |  
etābhyo daśa digbhyastu sarvataḥ pātu śaṅkaraḥ ||

|| prathamo nyāsaḥ ||  
atha prathamo nyāsaḥ ||

śivāya namaḥ ||

yā te rudra śivā tanūraghorā'pāpakāśinī |  
tayā nastanuvā śantamayā giriśantā-bhicākaśih ||  
śikhayai namaḥ || (tuft - top of head)

asmin mahātyarṇave''ntarikṣe bhavā adhi |  
teṣāgm sahasra-yojane'vadhanvāni tanmasi ||  
śirase namaḥ || (head)

sahasraṇi sahasraśo ye rudrā adhi bhūmyām |  
teṣāgm sahasra-yojane'vadhanvāni tanmasi ||  
lalāṭāya namaḥ || (forehead)

hagṁsa śśuciṣa-dvasurantarikṣa-saddhota vediṣa-datithir-duroṇasat |  
nṛṣadvāra-sadrta-sadvyōma-sadabjā gojā rtajā adrijā rtaṁ bṛhat ||  
bhruvor-madhyāya namaḥ || (third eye)

tryāmbakaṁ yajāmahe sugandhim puṣṭi-vardhanam |  
urvārukamīva bandhanān-mṛtyo-r-mukśīya mā'mṛtāt ||  
netrābhyām namaḥ || (eyes)

namaḥ srutyāya ca pathyāya ca namaḥ kātyāya ca nīpyāya ca | namaḥ sūdyāya  
ca sarasyāya ca namo nādyāya ca vaiśantāya ca ||  
karṇābhyām namaḥ || (two ears)

mānāstoke tanāye mā na āyūṣi mā no goṣu mā no aśveṣu rīriṣaḥ |  
vīrānmā no rudra bhāmito'vadhi-rhaviṣmanto namasā vidhema te ||  
nāsikāyai namaḥ || (nose)

avātaṭya dhanuṣtvagm̄ sahaśrākṣā śateṣudhe |  
niśīrya śalyānām̄ mukhāā śīvo naḥ sumanā bhava ||  
mukhāya namaḥ || (face)

(pariṇo rudrasya hetir-vṛṇaktu pari tveṣasya durmatira-ghāyoh -|  
ava sthirā maghavad-bhyastanuṣva mīdhva-stokāya tanāyāya mṛuḍaya ||  
maṇi-bandhābhyām̄ namaḥ [wrist])

ye tīrthāni praacarānti sṛkāvānto niṣaṅgiṇaḥ |  
teṣāgm̄ sahasra-yojane'vadhanvāni tanmasi ||  
hastābhyām̄ namaḥ || (palm)

sadyojātam̄ prāpadyāmi sadyojātāyavai namo namaḥ | bhave bhave nāti bhava  
bhavasvamām̄ | bhavodbhāvāya namaḥ ||  
aṅguṣṭhābhyām̄ namaḥ || (thumb)

vāmādevāya namo jyeṣṭhāya namaś-śreṣṭhāya namo rudrāya namaḥ | kālāya  
namaḥ kalāvikaraṇāya namo balāvikaraṇāya namo balāya namo  
balāpramathanāya namaś | sarvabhūtadamanāya namo maṇonmanāya namaḥ ||  
tarjanībhyām̄ namaḥ || (index finger)

aghorebhyo'tha ghorebhyo ghora-ghora-tarebhaḥ |  
sarvebhyas-sarvasarvebhyo namaste astu rudrarūpebhyah ||  
madhyamābhyām̄ namaḥ || (middle finger)

tat-puruṣāya vidmahe mahādevāya dhīmahi |  
tanno rudraḥ pracodayāt ||  
anāmikābhyām̄ namaḥ || (ring finger)

īśānas-sarva-vidyāna-mīśvaras-sarva-bhūtānām̄ |  
brahmā-dhīpatir-brahmaṇo'dhīpatir-brahmā śīvo me astu sadā-śīvom ||  
kaniṣṭhikābhyām̄ namaḥ || (little finger)

(namo hiraṇya-bāhave hiraṇya-varṇāya hiraṇya-rūpāya hiraṇya-pataye'mbikā-  
pataya umā-pataye paśupataye namo namaḥ ||  
karatala-kara-prṣṭhābhyām̄ namaḥ || [front and back of hands])

namo<sup>1</sup> vaḥ<sup>1</sup> kirikebhyo<sup>1</sup> devānāgm̄<sup>1</sup> hṛdayebhyo<sup>1</sup> namo<sup>1</sup> vikṣī-ṇakebhyo<sup>1</sup> namo<sup>1</sup> vicin-  
vatkebhyo<sup>1</sup> nama<sup>1</sup> ānir-hatebhyo<sup>1</sup> nama<sup>1</sup> āmī-vatkebhyaḥ<sup>1</sup> ||  
hṛdayāya<sup>1</sup> namaḥ<sup>1</sup> (heart)

(ye vṛkṣeṣu<sup>1</sup> saspiñjarā<sup>1</sup> nilagrīvā<sup>1</sup> vilohitāḥ<sup>1</sup> - |  
teṣāgm̄<sup>1</sup> sahasra-yojane<sup>1</sup> vadhanvāni<sup>1</sup> tanmasi<sup>1</sup> ||  
udarāya<sup>1</sup> namaḥ<sup>1</sup> || [belly])

(namaśśambhave<sup>1</sup> ca mayobhave<sup>1</sup> ca namaḥ<sup>1</sup> śaṅkarāya<sup>1</sup> ca mayaskarāya<sup>1</sup> ca namaḥ<sup>1</sup>  
śivāya<sup>1</sup> ca śivatarāya<sup>1</sup> ca namaṣtīrthyāya<sup>1</sup> ca kūlyāya<sup>1</sup> ca namaḥ<sup>1</sup> pāryāya<sup>1</sup> cāvāryāya<sup>1</sup>  
ca namaḥ<sup>1</sup> pratarāyāya<sup>1</sup> cottarāyāya<sup>1</sup> ca nama<sup>1</sup> ātāryāya<sup>1</sup> cālādyāya<sup>1</sup> ca namaḥ<sup>1</sup>  
śaṣpyāya<sup>1</sup> ca phenyāya<sup>1</sup> ca namaḥ<sup>1</sup> sikatyāya<sup>1</sup> ca pravāhyāya<sup>1</sup> ca ||  
vaksābhyām<sup>1</sup> namaḥ<sup>1</sup> || [breast, chest])

namo<sup>1</sup> gaṇebhyo<sup>1</sup> gaṇapāti-bhyaśca<sup>1</sup> vo<sup>1</sup> namo<sup>1</sup> namo<sup>1</sup> virūpebhyo<sup>1</sup> viśvarūpe-bhyaśca<sup>1</sup>  
vo<sup>1</sup> namaḥ<sup>1</sup> ||  
pṛṣṭhāya<sup>1</sup> namaḥ<sup>1</sup> || (back)

namastakśābhyo<sup>1</sup> rathakāre-bhyaśca<sup>1</sup> vo<sup>1</sup> namo<sup>1</sup> namaḥ<sup>1</sup> kulālebhyaḥ<sup>1</sup>  
karmārebhyaśca<sup>1</sup> vo<sup>1</sup> namo<sup>1</sup> namaḥ<sup>1</sup> ||  
kaksābhyām<sup>1</sup> namaḥ<sup>1</sup> || (arm pit)

namo<sup>1</sup> hiraṇya-bāhave<sup>1</sup> senānye<sup>1</sup> diśām<sup>1</sup> ca patāye<sup>1</sup> namo<sup>1</sup> namo<sup>1</sup> vṛkṣebhyo<sup>1</sup>  
harikeśebhyaḥ<sup>1</sup> paśūnām<sup>1</sup> patāye<sup>1</sup> namo<sup>1</sup> namaḥ<sup>1</sup> ||  
pārścābhyām<sup>1</sup> namaḥ<sup>1</sup> || (sides, ribs)

vijyam<sup>1</sup> dhanuḥ<sup>1</sup> kapardino<sup>1</sup> viśalyo<sup>1</sup> bāṇāvāgm̄<sup>1</sup> uta<sup>1</sup> |  
aneśa-nnasyeṣava<sup>1</sup> ābhurāsyā<sup>1</sup> niṣaṅgathīḥ<sup>1</sup> ||  
jaṭharāya<sup>1</sup> namaḥ<sup>1</sup> || (stomach)

hiraṇyagarbhaḥ<sup>1</sup> samāvarta-tāgre<sup>1</sup> bhūtasyā<sup>1</sup> jātaḥ<sup>1</sup> patir<sup>1</sup> eka<sup>1</sup> āsīt<sup>1</sup> - |  
sa dādḥāra<sup>1</sup> pṛthivīm<sup>1</sup> dyāmūtemām<sup>1</sup> kasmai<sup>1</sup> devāya<sup>1</sup> haviṣā<sup>1</sup> vidhema<sup>1</sup> ||  
nābhyai<sup>1</sup> namaḥ<sup>1</sup> || (navel)

mīdhuṣṭama<sup>1</sup> śivatama<sup>1</sup> śivo<sup>1</sup> naḥ<sup>1</sup> sumanā<sup>1</sup> bhava<sup>1</sup> |  
parame<sup>1</sup> vṛkṣa<sup>1</sup> āyudha-nnidhāya<sup>1</sup> kṛttim<sup>1</sup> vasāna<sup>1</sup> ācara<sup>1</sup> pinākam<sup>1</sup> bibhradā-gāhi<sup>1</sup> ||  
kaṭhyai<sup>1</sup> namaḥ<sup>1</sup> || (hip)

ye bhūtānā<sup>1</sup>-madhīpatayo<sup>1</sup> viśikhāsaḥ<sup>1</sup> kapardinaḥ<sup>1</sup> |

teṣāgm̐ sahasra-yojane'vadhanvāni tanmasi ||  
guhyāya namaḥ | (private parts)

ye anneṣu vividhyanti pātreṣu pibato janān̐ |  
teṣāgm̐ sahasra-yojane'vadhanvāni tanmasi ||  
aṇḍābhyām namaḥ || (testicles, ovaries)

sa śirā jātavedāḥ akṣaram paramam padam |  
vedānāgm̐ śirasi mātā-yuṣmantam karotu mām ||  
apānāya namaḥ || (anus)

mā no maḥanta-muta mā no arbhaḥkaṁ mā na ukṣanta-muta mā na ukṣitam |  
mā no'vadhīḥ pitarām mota mātaram priyā mā nastanuvō rudra rīṣaḥ ||  
ūrubhyām namaḥ || (thighs)

eṣa te rudra bhāga-stañjuṣasva tenā-vasenā |  
paro mūjavato'tihyava-tatadhanvā pināka-hastaḥ kṛttivāsāḥ - ||  
jānubhyām namaḥ || (knees)

sagm̐sr̥ṣṭajit somapā bāhuṣar-dhyūrdhavadhanvā pratihitā-bhirastā |  
br̥haspate pari dīyārathena rakṣohā'mitrāgm̐ apa-bādhamānaḥ ||  
jaṅghābhyām namaḥ || (ankle)

vaiśvam bhūtam bhuvānam citram baḥudhā jātam jāyamānam ca yat |  
sarvo hyeṣa rudrastasmai rudrāya namo astu ||  
gulphābhyām namaḥ || (calf)

ye pathām pathi-rakṣāya ailabrdā yavyudhaḥ |  
teṣāgm̐ sahasra-yojane'vadhanvāni tanmasi ||  
pādābhyām namaḥ || (feet)

adhyāvo-cadadhi-vaḥktā prathamo daivyo bhiṣak |  
ahigg̐sca sarvāñ-jambhayant-sarvāsca yātudhānyaḥ ||  
kavacāya huṁ || (cross hands to touch opposite shoulders)

namo bilmine ca kavacine ca namaḥ śrutāya ca śrutasenāya ca ||  
upa-kavacāya huṁ || (cross hands on the back)

namo astu nilagrī-vāya sahasrā-kṣāya miḍhuṣe |



atho ye 'asya satvāno'ham tebhyo'karan namaḥ ||  
tr̥tīya netra-trayāya vaṣaṭ || (index, middle, and ring finger to three eyes)

pramuñca dhanvāna-stva-mubhayo-rārtniyorjyām |  
yāśca te hasta iṣavaḥ parā tā bhāgavo vāpa ||  
astrāya phaṭ || (clap left palm with right index and middle finger)

ya etāvantaśca bhūyāgmsaśca diśo rudrā vitasthire |  
teṣāgm̐ sahasra-yojane'vadhanvāni tanmasi ||  
itī dig-bandhaḥ || (circle head clockwise with right hand and snap four times)

atha mūrdhati pādādam daśāṅga nyāso dvitīyaḥ ||

om namo bhagavate rudrāya ||

om mūrdhne namaḥ (top of head) | nam̐ nāsikāyai namaḥ (nose) |  
mom̐ lalāṭāya namaḥ (forehead) | bham̐ mukhāya namaḥ (face) |  
gam̐ kaṅthāya namaḥ (neck) | vam̐ hṛdayāya namaḥ (heart) |  
tem̐ dakṣiṇa-hastāya namaḥ (left hand) | rum̐ vāma-hastāya namaḥ (right hand) |  
drām̐ nābhyai namaḥ (navel) | yam̐ pādābhyām̐ namaḥ (feet) ||

atha pādāti mūrdhāntam̐ pañcāṅga nyāsa-stitīyaḥ |

śivāya namaḥ ||

sadyojātam̐ prāpadyāmi sadyojātāyavai namo namaḥ | bhāve bhāve nātī bhāve  
bhavasvamām̐ | bhāvodbhāvāya namaḥ ||  
pādābhyām̐ namaḥ || (feet)

vāmādevāya namo jyeṣṭhāya namaś-śreṣṭhāya namo rudrāya namaḥ | kālāya  
namaḥ kalavikaraṇāya namo balāvikaraṇāya namo balāya namo  
balāpramathanāya namaś | sarvābhūtadamanāya namo manonmanāya namaḥ ||  
ūru madhyābhyām̐ namaḥ || (middle thigh)

aghorebhyo'tha ghorebhyo ghora-ghora-tarebhaḥ |  
sarvebhyas-sarvasarvebhyo namaste astu rudrarūpebhyaḥ ||  
hṛdayāya namaḥ || (heart)

tat-puruṣāya vidmahē mahādevāya dhīmahī |

tanno' rudrah pracodayāt ||  
mukhāya namaḥ || (face)

īśānas-sarva-vidyāna-mīśvaras-sarva-bhūtānām |  
brahmā-dhīpatir-brahmaṇo'dhīpatir-brahmā śivo me astu sadā-śivom ||  
haṁsa haṁsa mūrdhne namaḥ || (forehead)

asya śrī haṁsa-gāyatrī stotra mahāmantrasya | avyakta parabrahma ṛṣiḥ |  
avyakta gāyatrī chandah | paramahaṁso devatā | haṁ sām bījam | haṁ sīm  
śaktiḥ | haṁ sūm kilakam | paramahaṁsa prasāda siddhyarthe japē viniyogaḥ ||

haṁ sām aṅgu-ṣṭhābhyām namaḥ | haṁ sīm tarjanī-bhyām namaḥ |  
haṁ sūm madhya-mābhyām namaḥ | haṁ saim anāmikā-bhyām namaḥ |  
haṁ saum kaniṣṭhi-kābhyām namaḥ | haṁ saḥ karatala-kara-prṣṭhābhyām  
namaḥ |

haṁ sām hṛdayāya namaḥ | haṁ sīm śirāse svāhā |  
haṁ sūm śikhāyai vaṣaṭ . | haṁ saim kavacāya huṁ |  
haṁ saum netra-trayāya vaṣaṭ . | haṁ saḥ astrāya phaṭ . ||  
bhūr-bhuvassuvarom iti digbandhaḥ ||

dhyānam ||

gamā-gamasthaṁ gamanā-diśūnyaṁ cidrū-padīpaṁ timirā-pahāram |  
paśyāmi te sarva janānta-rasthaṁ namāmi haṁsaṁ paramātmarūpam ||

deho devālayaḥ prokto jīvo devaḥ sanātanaḥ |  
tyajeda-jñāna-nirmāyaṁ so'ham-bhāvena pūjayet ||

haṁsa haṁsaḥ parama haṁsa | haṁsa ssoa'haṁ so'haṁ haṁ saḥ ||

|| haṁsa gāyatrī ||  
haṁsa haṁsāya vidmahé paramahaṁsāya dhīmahī |  
tanno haṁsaḥ pracodayāt || (repeat 3 times)

haṁsa haṁseti yobrūyā-ddhaṁso nāma sadā-śivaḥ |  
evaṁ nyāsa-vidhiṁ kṛtvā tata-ssamputa-mārabhet ||

|| diksamputa nyāsaḥ ||

atha diksamputa nyāsaḥ ||

om bhūrbhuva ssuvarom |

namaśśambhavē ca mayobhavē ca namaḥ śaṅkarāyā ca mayaskarāyā ca namaḥ  
śivāyā ca śivatarāyā ca ||

om lam |

trātāra-mindrā mavitāra-mindragm̐ have have suhavgm̐ sūra-mindram̐ |

huve nu śakraṁ puru-hūtam indragg̐ svasti nō maghavā dhātvindrah̐ ||

om lam | om bhūrbhuva ssuvaḥ |

pūrva-digbhāge indrāya vajra-hastāya devā-dhīpataye | airāvata-vāhanāya  
saṅgāya sāyudhāya saśaktaye sa parivārāya | sarvālaṅkāra-bhūṣitāya umā-  
maheśvara-pārsadāya namaḥ |

om lam indrāya namaḥ ||

pūrva-digbhāge lalāṭā-sthāne indrāya namaḥ | indrah̐ suprito varādo bhavatu |  
indrah̐ saṁ rakṣantu ||

om bhūrbhuva ssuvarom |

namaśśambhavē ca mayobhavē ca namaḥ śaṅkarāyā ca mayaskarāyā ca namaḥ  
śivāyā ca śivatarāyā ca ||

naṁ raṁ |

tvanno agne varuṇasya vidvān devasya heḍo'va yasi-sīsthāḥ -|

yajīṣtho vahnītama śsośu-cāno viśvā dveṣāgmsi pramumug-dhyasmat .||

naṁ raṁ | om bhūrbhuva ssuvaḥ |

āgneya-digbhāge agnaye śakti-hastāya tejo'dhīpataye | aja-vāhanāya saṅgāya  
sāyudhāya saśaktaye sa parivārāya | sarvālaṅkāra-bhūṣitāya umā-maheśvara-  
pārsadāya namaḥ |

om ram agnaye namaḥ ||

āgneya-digbhāge netra-sthāne agnaye namaḥ | agniḥ suprito varādo bhavatu |  
agniḥ saṁ rakṣantu ||

om bhūrbhuva ssuvarom |

namaśśambhavē ca mayobhavē ca namaḥ śaṅkarāyā ca mayaskarāyā ca namaḥ  
śivāyā ca śivatarāyā ca ||

moṁ haṁ |

sugannaḥ panthā-mabhayam̐ kṛnotu | yasmi-nnakśatre yama eti rājā | yasmi-

nnena mabhya-ṣiñcanta devāḥ -| tadasya citragm̐ haṁviṣā yajāma ||

moṁ haṁ | om bhūrbhuva ssuvaḥ |

dakṣiṇa-digbhāge yamāya daṇḍa-hastāya dharmā-dhīpataye | mahiṣa-vāhanāya  
saṅgāya sāyudhāya saśaktaye sa parivārāya | sarvālaṅkāra-bhūṣitāya umā-  
maheśvara-pārśadāya namaḥ |

om haṁ yamāya namaḥ ||

dakṣiṇa-digbhāge karṇa-sthāne yamāya namaḥ | yamaḥ supṛito varādo bhavatu  
|  
yamaḥ saṁ rakṣantu ||

om bhūrbhuvā ssuvarom |

namāśśambhavē ca mayobhavē ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||

bhaṁ ṣaṁ |

asūnvanta mayāja-mānamicca-stena-syetyānta-skāra-syānveṣi |

anyamaśma-diccha sā tā ityā namo devi nirṛte tubhyamastu ||

bhaṁ ṣaṁ | om bhūrbhuvā ssuvaḥ |

nairṛta-digbhāge nirṛtaye khaḍga-hastāya rakṣo'dhīpataye | nara-vāhanāya  
saṅgāya sāyudhāya saśaktaye sa parivārāya | sarvālaṅkāra-bhūṣitāya umā-  
maheśvara-pārśadāya namaḥ |

om ṣaṁ nirṛtaye namaḥ ||

nairṛta-digbhāge mukha-sthāne nirṛtaye namaḥ | nirṛtiḥ supṛito varādo bhavatu  
|  
nirṛtiḥ saṁ rakṣantu ||

om bhūrbhuvā ssuvarom |

namāśśambhavē ca mayobhavē ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||

gaṁ vaṁ |

tatvā yāmi brahmaṇā vandamāna-stadā śāste yajamāno havirbhiḥ |

ahedaṁno varuneha-bodhyuru sagmsa mā na āyuh pramoṣiḥ - || | gaṁ vaṁ |

om bhūrbhuvā ssuvaḥ |

paścima-digbhāge varuṇāya pāśa-hastāya jalādhipataye | makara-vāhanāya  
saṅgāya sāyudhāya saśaktaye sa pari-vārāya | sarvālaṅkāra-bhūṣitāya umā-  
maheśvara-pārśadāya namaḥ |

om vaṁ varuṇāya namaḥ ||

paścima-digbhāge bāhu-sthāne varuṇāya namaḥ | varuṇaḥ supṛito varādo  
bhavatu |

varuṇaḥ saṁ rakṣantu ||

om bhūrbhuvā ssuvarom |  
namaśśambhavē ca mayobhavē ca namaḥ śaṅkarāyā ca mayaskarāyā ca namaḥ  
śivāyā ca śivatarāyā ca ||  
vaṁ yaṁ |  
ā no niyudbhī śśatini-bhiradhvaṁ | saha-sriṅibhi rupāyāhi yajñam |  
vāyo asmin . haṁṣi mādayasva | yūyaṁ pāta svastibhi ssadā naḥ ||  
vaṁ yaṁ | om bhūrbhuvā ssuvaḥ |  
vāyavya-digbhāge vāyave sāṅkuśa-dhvaja-hastāya prāṇadhīpataye | mṛga-  
vāhanāya saṅgāya sāyudhāya saśaktaye sa pari-vārāya | sarvālaṅkāra-bhūṣitāya  
umā-maheśvara-pārśadāya namaḥ |  
om yaṁ vāyave namaḥ ||  
vāyavya-digbhāge nāsikā-sthāne vāyave namaḥ | vāyuḥ supṛito varādo bhavatu  
|  
vāyuḥ saṁ rakṣantu |

om bhūrbhuvā ssuvarom |  
namaśśambhavē ca mayobhavē ca namaḥ śaṅkarāyā ca mayaskarāyā ca namaḥ  
śivāyā ca śivatarāyā ca ||  
teṁ saṁ |  
vayagm somam vrāte tava | manasta-nūṣu bibhrataḥ | prajāvanto aśimahi ||  
teṁ saṁ | om bhūrbhuvā ssuvaḥ |  
uttara-digbhāge somāya amṛta-kalaśa-hastāya nakṣatrā-dhīpataye | aśva-  
vāhanāya saṅgāya sāyudhāya saśaktaye sa pari-vārāya | sarvālaṅkāra-bhūṣitāya  
umā-maheśvara-pārśadāya namaḥ |  
om saṁ somāya namaḥ ||  
uttara-digbhāge hrdaya-sthāne somāya namaḥ | somaḥ supṛito varādo bhavatu |  
somaḥ saṁ rakṣantu |

om bhūrbhuvā ssuvarom |  
namaśśambhavē ca mayobhavē ca namaḥ śaṅkarāyā ca mayaskarāyā ca namaḥ  
śivāyā ca śivatarāyā ca ||  
ruṁ śaṁ |  
tamīśānaṁ jagāta staṣthu-ṣaṣpatim | dhiyaṁ jinvaṁavase hūmahe vāyam | pūṣā  
no yathā veda-sāmasa-dvṛdhe | rakṣitā pāyu radābdha ssvastaye ||  
ruṁ śaṁ | om bhūrbhuvā ssuvaḥ |

īśānya-digbhāge īśānāya trisūla-hastāya bhūtā-dhīpataye | vṛṣabha-vāhanāya  
saṅgāya sāyudhāya saśaktaye sa pari-vārāya | sarvālaṅkāra-bhūṣitāya umā-  
maheśvara-pārsadāya namaḥ |

om śam īśānāya namaḥ ||

īśānya-digbhāge nābhi-sthāne īśānāya namaḥ | īśānaḥ supṛīto varādo bhavatu |  
īśānaḥ saṁ rakṣantu |

om bhūrbhuva ssuvarom |

namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||

drām kham |

asme rudrā mehanā parvatāso vṛtra-hatye bhara hūtau sajośāḥ |

yaśśamsate stuvate dhāyī pajra indra-jyeṣṭhā asmāgm avantu devāḥ - ||

drām kham | om bhūrbhuva ssuvaḥ |

ūrdhva-digbhāge brahmaṇe padma-hastāya prajāa-dhīpataye | hamsa-vāhanāya  
saṅgāya sāyudhāya saśaktaye sa pari-vārāya | sarvālaṅkāra-bhūṣitāya umā-  
maheśvara-pārsadāya namaḥ |

om kham brahmaṇe namaḥ ||

ūrdhva-digbhāge mūrdhā-sthāne brahmaṇe namaḥ | brahmaḥ supṛīto varādo  
bhavatu |

brahmaḥ saṁ rakṣantu |

om bhūrbhuva ssuvarom |

namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||

yaṁ hrīm |

syonā pṛthivī bhavā-nṛkṣarā niveśanī |

yacchā-naśśarma saprathāḥ ||

yaṁ hrīm | om bhūrbhuva ssuvaḥ |

adho-digbhāge viṣṇave cakra-hastāya lokā-dhīpataye | garuḍa-vāhanāya

saṅgāya sāyudhāya saśaktaye sa pari-vārāya | sarvālaṅkāra-bhūṣitāya umā-  
maheśvara-pārsadāya namaḥ |

om hrīm viṣṇave namaḥ ||

adho-digbhāge pādā-sthāne viṣṇave namaḥ | viṣṇuḥ supṛīto varādo bhavatu |  
viṣṇuḥ saṁ rakṣantu |

ādaḥ praṇavamuccārya vyāhṛtiḥ praṇavam tataḥ |

bijaṃ mantram samuccārya mantrānte bija-muccaret ||  
(praṇavam vyāhṛtir-bijaṃ śambhave a tataḥ param |  
diṇmantram śambhave cāntam bijaṃ praṇavamuccaret || )

|| raudrī-karaṇam ||  
atha raudrī-karaṇam ||

om bhūrbhuva ssuvaḥ | om am̐ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
vibhūrasī pravāhaṇo raudreṇā-nīkena pāhi māgne pipṛhi mā māmā higṃ sīḥ - ||  
am om | bhūr-bhuvasuvarom | śikhāyai namaḥ || (crown of head)

om bhūrbhuva ssuvaḥ | om am̐ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
vahnīrasī havya-vāhaṇo raudreṇā-nīkena pāhi māgne pipṛhi mā māmā higṃ sīḥ  
- ||  
ām om | bhūr-bhuvasuvarom | śīrase namaḥ || (head)

om bhūrbhuva ssuvaḥ | om im̐ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
śvātro'si pracetāḥ raudreṇā-nīkena pāhi māgne pipṛhi mā māmā higṃ sīḥ - ||  
im om | bhūr-bhuvasuvarom | mūrdhne namaḥ || (forehead)

om bhūrbhuva ssuvaḥ | om im̐ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
tūtho'si viśvaveda raudreṇā-nīkena pāhi māgne pipṛhi mā māmā higṃ sīḥ - ||  
im om | bhūr-bhuvasuvarom | lalāṭāya namaḥ || (brow of head)

om bhūrbhuva ssuvaḥ | om um̐ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
uśigaasi kavī raudreṇā-nīkena pāhi māgne pipṛhi mā māmā higṃ sīḥ - ||  
um om | bhūr-bhuvasuvarom | netrābhyām namaḥ || (eyes)

om bhūrbhuva<sub>2</sub> ssuvaḥ | om ūm ||  
namaśśambhave<sub>2</sub> ca mayobhave<sub>2</sub> ca<sub>2</sub> namaḥ śaṅkarāya<sub>2</sub> ca mayaskarāya<sub>2</sub> ca<sub>2</sub> namaḥ  
śivāya<sub>2</sub> ca śivatarāya<sub>2</sub> ca ||  
aṅghārirasi<sub>2</sub> bambhārī<sub>2</sub> raudreṇā-nīkena<sub>2</sub> pāhi māgne piprhi mā māmā higṃ siḥ -  
||  
ūm om | bhūr-bhuvasuvarom | kaṇābhyām namaḥ || (ears)

om bhūrbhuva<sub>2</sub> ssuvaḥ | om ṛm ||  
namaśśambhave<sub>2</sub> ca mayobhave<sub>2</sub> ca<sub>2</sub> namaḥ śaṅkarāya<sub>2</sub> ca mayaskarāya<sub>2</sub> ca<sub>2</sub> namaḥ  
śivāya<sub>2</sub> ca śivatarāya<sub>2</sub> ca ||  
avasyurasi<sub>2</sub> duvasvān<sub>2</sub> si raudreṇā-nīkena<sub>2</sub> pāhi māgne piprhi mā māmā higṃ siḥ -  
||  
ṛm om | bhūr-bhuvasuvarom | mukhāya<sub>2</sub> namaḥ || (face)

om bhūrbhuva<sub>2</sub> ssuvaḥ | om ṛm ||  
namaśśambhave<sub>2</sub> ca mayobhave<sub>2</sub> ca<sub>2</sub> namaḥ śaṅkarāya<sub>2</sub> ca mayaskarāya<sub>2</sub> ca<sub>2</sub> namaḥ  
śivāya<sub>2</sub> ca śivatarāya<sub>2</sub> ca ||  
śunthyūراسي<sub>2</sub> pra<sub>2</sub> mārjāliyo<sub>2</sub> raudreṇā-nīkena<sub>2</sub> pāhi māgne piprhi mā māmā higṃ  
siḥ - ||  
ṛm om | bhūr-bhuvasuvarom | kaṇṭhāya<sub>2</sub> namaḥ || (neck)

om bhūrbhuva<sub>2</sub> ssuvaḥ | om ḷm ||  
namaśśambhave<sub>2</sub> ca mayobhave<sub>2</sub> ca<sub>2</sub> namaḥ śaṅkarāya<sub>2</sub> ca mayaskarāya<sub>2</sub> ca<sub>2</sub> namaḥ  
śivāya<sub>2</sub> ca śivatarāya<sub>2</sub> ca ||  
sammrāḍasi<sub>2</sub> kṛśānū<sub>2</sub> raudreṇā-nīkena<sub>2</sub> pāhi māgne piprhi mā māmā higṃ siḥ - ||  
ḷm om | bhūr-bhuvasuvarom | bāhubhyām namaḥ || (shoulders)

om bhūrbhuva<sub>2</sub> ssuvaḥ | om ḷm ||  
namaśśambhave<sub>2</sub> ca mayobhave<sub>2</sub> ca<sub>2</sub> namaḥ śaṅkarāya<sub>2</sub> ca mayaskarāya<sub>2</sub> ca<sub>2</sub> namaḥ  
śivāya<sub>2</sub> ca śivatarāya<sub>2</sub> ca ||  
pariṣadyosi<sub>2</sub> pavamāno<sub>2</sub> raudreṇā-nīkena<sub>2</sub> pāhi māgne piprhi mā māmā higṃ siḥ -  
||  
ḷm om | bhūr-bhuvasuvarom | hṛdayāya<sub>2</sub> namaḥ || (heart)

om bhūrbhuva<sub>2</sub> ssuvaḥ | om eṃ ||  
namaśśambhave<sub>2</sub> ca mayobhave<sub>2</sub> ca<sub>2</sub> namaḥ śaṅkarāya<sub>2</sub> ca mayaskarāya<sub>2</sub> ca<sub>2</sub> namaḥ  
śivāya<sub>2</sub> ca śivatarāya<sub>2</sub> ca ||



pratak-vāsi nabhasvān raudreṇā-nīkena pāhi māgne piprhi mā māmā higṃ sīḥ -  
||

em om | bhūr-bhuvasuvarom | nābhyai namaḥ || (navel)

om bhūrbhuva ssuvaḥ | om aim ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
asām mṛṣṭo'si havyaśūdo raudreṇā-nīkena pāhi māgne piprhi mā māmā higṃ  
sīḥ - ||

aim om | bhūr-bhuvasuvarom | kaṭhyai namaḥ || (hips)

om bhūrbhuva ssuvaḥ | om om ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
ṛta-dhāmāsi suvarjyotī raudreṇā-nīkena pāhi māgne piprhi mā māmā higṃ sīḥ -  
||

om om | bhūr-bhuvasuvarom | ūrubhyām namaḥ || (thighs)

om bhūrbhuva ssuvaḥ | om auṃ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
brahmā jyotirasi suvarthāmā raudreṇā-nīkena pāhi māgne piprhi mā māmā  
higṃ sīḥ - ||

auṃ om | bhūr-bhuvasuvarom | jānubhyām namaḥ || (knees)

om bhūrbhuva ssuvaḥ | om aṅṅ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
ajōsyekā pād-raudreṇā-nīkena pāhi māgne piprhi mā māmā higṃ sīḥ - ||  
aṅṅ om | bhūr-bhuvasuvarom | jāṅghābhyām namaḥ || (ankles)

om bhūrbhuva ssuvaḥ | om aḥ ||  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca ||  
ahīrasi budhniyo pravāhaṇo raudreṇā-nīkena pāhi māgne piprhi mā māmā higṃ  
sīḥ - ||

aḥ om | bhūr-bhuvasuvarom | pādābhyām namaḥ || (feet)

tvagasthi-gataiḥ sarva-pāpaiḥ pramucyate | sarva-bhūteṣva parājito bhavati |  
tato bhūta preta piśāca- brahma-rākṣasa yakṣa-yamaduta-sākinī-ḍākinī sarpa  
śvāpada vṛścika taskara jvarā dyupadrava jopa-ghātāḥ | sarve jvalantaṁ  
paśyantu | māṁ rakṣantu | yajamānaṁ saha kuṭumbaṁ rakṣantu | sarvān janān  
rakṣantu ||

|| guhyādi mastakāntaṁ ṣaḍaṅga nyāsa-ścaturthaḥ ||  
atha guhyādi mastakāntaṁ ṣaḍaṅga nyāsa-ścaturthaḥ ||

śivāya namaḥ ||

mano jyotir-juṣatā-mājyaṁ vicchinnaṁ yajñagrṁ samīmaṁ dādhatu |  
yā iṣṭā uṣaso nimrucaśca tāḥ saṁ dādhami haṁviṣā ghr̥tenā ||  
guhyāya namaḥ || (private parts)

aboddhyagniḥ samidhā janānaṁ prati dhenuma-vāyaṭi muṣāsam |  
yahvā iva pravayāmu-jjihānāḥ prabhānavāḥ sisrato nākamaccha ||  
nābhyaḥ namaḥ || (navel)

agnirmūrdhā divaḥ kakutpatiḥ pṛthivyā ayam |  
apāgrṁ retāgmsi jinvasi || hṛdayāya namaḥ || (heart)

mūrdhānaṁ divo aratim pṛthivyā vaiśvānar-amṛtāya jātamagnim |  
kavigṁ samrāja matithim janānāmā-sannā pātraṁ janayanta devāḥ - ||  
kañṭhāya namaḥ || (neck)

marmaṇi te varmaḥ śiścha-dayāmi somastvā rājā mr̥tenā bhivastām |  
urorva-rīyo varivaste astu jayantaṁ tvā manumadantu devāḥ - ||  
mukhāya namaḥ || (face)

jātavedā yadi vā pāvako'si | vaiśvānaro yadi vā vaidduṭo'si |  
śam-prajābhyo yajamānāya lokaṁ | ūrjāṁ puṣṭim dadādabhyā-vāvṛtsva | śirase  
namaḥ || (forehead)

|| ātmarakṣā ||

atha brahmātman ityanuvākaḥ ||

brahmātman-vada-srjata | tada-kāmayata | samātmanā padyeyeti | ātma-  
nnātma-nnityā-māntrayata | tasmai daśamagm hūtaḥ pratyāśṛṇot - | sa  
daśahūto bhavat . | daśahūto hāvai nāmaīṣaḥ | taṁ vā etaṁ daśā-hūtagm santam  
| daśā-hote-tyācakṣate parokṣeṇa | parokṣa-priyā iva hi devāḥ - ||

ātma-nnātma-nnityā-māntrayata | tasmai saptamagm hūtaḥ pratyāśṛṇot - | sa  
saptahūto bhavat . | saptahūto hāvai nāmaīṣaḥ | taṁ vā etaṁ sapta-hūtagm  
santam | sapta-hote-tyācakṣate parokṣeṇa | parokṣa-priyā iva hi devāḥ - ||

ātma-nnātma-nnityā-māntrayata | tasmai ṣaṣthagm hūtaḥ pratyāśṛṇot - | sa  
ṣaḍdhūto bhavat . | ṣaḍdhūto hāvai nāmaīṣaḥ | taṁ vā etaṁ ṣaḍdhūtagm  
santam | ṣaḍdhote-tyācakṣate parokṣeṇa | parokṣa-priyā iva hi devāḥ - ||

ātma-nnātma-nnityā-māntrayata | tasmai pañcamagm hūtaḥ pratyāśṛṇot - | sa  
pañcahūto bhavat . | pañcahūto hāvai nāmaīṣaḥ | taṁ vā etaṁ pañca-hūtagm  
santam | pañca-hote-tyācakṣate parokṣeṇa | parokṣa-priyā iva hi devāḥ - ||

ātma-nnātma-nnityā-māntrayata | tasmai caturthagm hūtaḥ pratyāśṛṇot - | sa  
caturhūto bhavat . | caturhūto hāvai nāmaīṣaḥ | taṁ vā etaṁ catu-rhūtagm  
santam | catur-rhote-tyācakṣate parokṣeṇa | parokṣa-priyā iva hi devāḥ - ||

tama-bravīt - | tvaṁ vai me nediṣthagm hūtaḥ pratyāśrauṣiḥ - | tvayai  
nānākhyātāra itī | tasmā-nnuhaināgm-ścatur-hotāra ityā-cakṣate |  
tasmācchuśrūsuḥ putrānāgm hṛdyatamaḥ | nediṣtho hṛdyatamaḥ | nediṣtho  
brahmaṇo bhavati | ya evaṁ veda |

ātmane namaḥ ||

|| śiva-saṅkalpaḥ ||

atha hṛdayā-dyastraṇḍam pañcāṅga nyāsaḥ pañcamah ||

śivāya namaḥ ||

yenedam bhūtam bhuvanam bhaviṣyat pari-grhītam-āmṛteṇa sarvaṁ |  
yena yajñastrāyate saptahota tanme manah śiva-saṅkalpamastu ||

yena karmāṇi pra-caran-ti dhīrā yato vācā manasā cāruyanti |  
yatsammitam manah sañcaranti prāṇina stanme manah śiva-saṅkalpamastu ||

yena karmāṇ-yapasō manīṣiṇō yajñe śrṅvanti vidathēsu dhīrāḥ |  
yada-pūrvam yatksamantam prajānām tanme manah śiva-saṅkalpamastu ||

yatprajānā muta cetō dhṛtiśca yajjoti ratna-ramṛtam prajāsu |  
yasmāna rite kiñcana karma kriyate tanme manah śiva-saṅkalpamastu ||

suśāra-thiraśvāni vyaṃ manūṣyānme niyute paśubhit-vājinivān |  
hr̥tpraviṣtam yadacaram yaviṣtham tanme manah śiva-saṅkalpamastu ||

yasmi-nṛcasāmā-yajūgṃṣi yasmin-pratiṣṭhā raśanā-bhāvibhārāḥ |  
yasmigg-ścittagm sarva-motam prajānān tanme manah śiva-saṅkalpamastu ||

yadatra ṣaṣṭham trīsatagm suvīryam yajñasya guhyam nava-nāva māyyam |  
daśa pañca trigṃśatam yatparam tanme manah śiva-saṅkalpamastu ||

yajjāgrato dūra-mudaiti sarvam tatsuptasya tathāiveti |  
dūraṅgamam jyotiṣām jyotirekam tanme manah śiva-saṅkalpamastu ||

yenedam viśvam jagato babhūva ye devavi-mahato jātavedaḥ - |  
tadevāgni-stadvā'yustat-sūrya-stadu candramā stanme manah śiva-  
saṅkalpamastu ||

yena dyauḥ pṛthivī cāntarikṣam ca ye parvatāḥ praḍiśo diśāśca |  
yenedam jagadvyāptam prajānām tanme manah śiva-saṅkalpamastu ||

ye maṇo hṛdayam ye ca devā ye divyā āpo ye sūryaraśmiḥ |  
te śrotre cakṣuṣi sañcarantam tanme manah śiva-saṅkalpamastu ||

acintyam cā prameyam ca vyaktā-vyaktā param ca yat . |  
sūkṣmāt sūkṣmataram jñeyam tanme manah śiva-saṅkalpamastu ||

ekā ca daśa śatam ca sahasram cāyutam ca |  
niyatam ca prayutam cārbudam ca nyārbudam ca samudraśca madhyam  
cāntāśca parārdhaśca tanme manah śiva-saṅkalpamastu ||

ye pañca pañcādaśa śatagm̄ sahasra-mayuta-nnyārbudaṁ ca |  
ye agnicitte-ṣṭakastāgṁ śarīraṁ tanme manah śiva-saṅkalpamastu ||

vedā-hametaṁ puruṣaṁ mahāntāṁ āditya-varṇaṁ tamasaḥ parastāt |  
yasya yonin pari-paśyanti dhīrā stanme manah śiva-saṅkalpamastu ||

yasyaitam dhīraḥ punanti kavayo brahmāṇa-metaṁ tvā vṛṇu-tamindum |  
sthāvaraṁ jaṅgamaṁ dyaurākāśaṁ tanme manah śiva-saṅkalpamastu ||

parāt-paratāraṁ brahma tatparāt-parato hariḥ |  
yatparāt-parato dhīśaṁ tanme manah śiva-saṅkalpamastu ||

parāt-paratāraṁ caiva tatparā ccaiva yatpāraṁ |  
yatparat-parato jñeyam tanme manah śiva-saṅkalpamastu ||

yā vedādiṣu gāyatrī sarva-vyāpī maheśvarī |  
rgyajuḥ sāmātharvaiśca tanme manah śiva-saṅkalpamastu ||

yo vai devaṁ mahādevaṁ prāyutaḥ praṇavaḥ śuciḥ |  
yaḥ sarve sarvavedaiśca tanme manah śiva-saṅkalpamastu ||

prayataḥ praṇavom-kāraṁ praṇavaṁ puruṣottamam |  
omkāraṁ praṇavātmānaṁ tanme manah śiva-saṅkalpamastu ||

yo'sau sarveṣu vedeṣu paṭhyatē hyāya-mīśvaraḥ |  
akāyo nirguṇo hyātmā tanme manah śiva-saṅkalpamastu ||

go bhirjuṣṭaṁ dhanena hyāyuṣā ca balena ca |  
prajayā paśubhiḥ puṣkarākṣaṁ tanme manah śiva-saṅkalpamastu ||

tryāmbakaṁ yajāmahe sugandhiṁ puṣṭi-vardhanam |  
urvā-rukamivā bandhanān-mṛtyor muksīya mā'mṛtāt tanme manah śiva-  
saṅkalpamastu ||

kailāsa-śikhare raṁye śankarasya śivālaye |  
devatāstatra modanti tanme manah śiva-saṅkalpamastu ||

kailāsa śikhārā vāsam himavad-girigaṅyayā |  
nīlakaṅṭham trinetrem ca tanme manah śiva-saṅkalpamastu ||

viśvata-ścakṣuruta viśvato mukho viśvato hasta uta viśvatāspāt - |  
sambāhubhyā-nnamati sampatā traīrdyāvā-prthivī janayan deva eka stanme  
manah śiva-saṅkalpamastu ||

caturō vedāna dhīyit sarvaśāstramayam viduḥ |  
itihāsa-purāṇānān tanme manah śiva-saṅkalpamastu ||

mā nō mahānta-muta mā nō arbhaḥkaṁ mā na ukṣanta-muta mā na ukṣitam |  
mā nō vadhiḥ pītaram mota mātaram priyā mānastanuvō rudra rīriṣa stanme  
manah śiva-saṅkalpamastu ||

mā nastoke tanaye mā na āyusi mā nō goṣu mā nō aśveṣu rīriṣaḥ |  
vīrān mā nō rudra bhāmito vadhir-haviśmanto namasā vidhema te tanme manah  
śiva-saṅkalpamastu ||

rtagm satyam param brahma puruṣam kṛṣṇa piṅgalam |  
ūrdhvaretaṁ virūpākṣam viśvarūpāya vai namo nama stanme manah śiva-  
saṅkalpamastu ||

kadrudrāya pracetase mīdhuṣṭamāya tavyāse | vocema śantamaḡm hṛde | sarvo  
hyeṣa rudrastasmai rudrāya namo astu tanme manah śiva-saṅkalpamastu ||

brahmajajñānam prathamam purastā-dhvisī-mataḥ surucō vena āvaḥ |  
sa budhniyā upamā asya viśṭhāḥ sataśca yoni-masataśca viva stanme manah  
śiva-saṅkalpamastu ||

yaḥ prāṇato niṁṣato mahit-vaika idrājā jagato babhuvā |  
ya iṣe asya dvipadaś-catuṣpada kasmai devāya haviṣā vidhema tanme manah  
śiva-saṅkalpamastu ||

ya ātmadā balādā yasya viśva upāsate praśiṣam yasya devāḥ - |  
yasya chāyāmṛtaṁ yasya mṛtyuḥ kasmai devāya haviṣā vidhema tanme manah  
śiva-saṅkalpamastu ||

yo ru<sub>2</sub>dro a<sub>2</sub>gnau yo a<sub>2</sub>psu ya o<sub>2</sub>ṣadhīṣu yo ru<sub>2</sub>dro viśvā bhuvanā-viveśa tasmai  
rudrāya namo astu tanme manah śiva-saṅkalpamastu ॥

gandhadvārām durādharṣām nityapuṣṭām karīṣiṇīm |  
īśvarīgm sarva bhutānām tāmi-hopahvaye śriyam tanme manah śiva-  
saṅkalpamastu ॥

namakam camakam caiva puruṣa-sūktam ca yadvīduḥ |  
mahādevam ca tattulyam tanme manah śiva-saṅkalpamastu ॥

ya idagm śiva-saṅkalpagm sadā dhyāyanti brahmaṇāḥ - |  
te param mokṣam gamiṣyanti tanme manah śiva-saṅkalpamastu ॥

om namo bhagavate rudrāyya |  
śiva-saṅkalpagm  
hṛdayāya namaḥ ॥

॥ puruṣa sūkta pārāyaṇam ॥

atha pūrva-nārayaṇ-ākhyam puruṣa sūktam ॥

śivāya namaḥ ॥

om sahasrā-sīrṣā puruṣaḥ | sahasrākṣaḥ sahasrapāt - | sa bhūmim viśvato vṛtvā  
| atyatiṣṭa-ddaśāṅgulam | puruṣa evedagm sarvam | yadbhūtam yacca bhavyam  
| utām-ṛtatva-syeśānaḥ | yada-nnenāti-rohati | etā-vānasya mahimā | ato  
jyāyāggṣca pūruṣaḥ | pādo'sya viśvā bhūtāni | tripāda-syāmṛtam divi |  
tripādūrhdva udait-puruṣaḥ | pādo'syehā"bhavātpunaḥ | tato viśvaṅvyakrāmat .  
| sāśanā-naśane abhi | tasmādvirā-ḍajāyata | virājo adhi pūruṣaḥ | sa jāto  
atyaricyata | paś cād-bhūmi-matho puraḥ | yat-puruṣeṇa haviṣā | devā yajña-  
matānvata | vaśanto aśyā-sidājyam | grīṣma idhma śśaraddhaviḥ | saptaśyāsan-  
paridhayaḥ | triḥ sapta samidhaḥ kṛtāḥ - | devā yadyajñam tanvānāḥ - |  
abādhnan-puruṣam paśum | tam yajñam barhiṣi praukṣan | puruṣam jātamā-  
grataḥ | tena devā ayajanta | sādhyā ṛṣayaśca ye | tasmādyajñāt-sarvahutaḥ |  
sambhṛtam pṛṣadājyam | paśūggstāggś-cakre vāyavyān | āraṇyān-grāmyāśca ye  
| tasmādyajñāt-sarvahutaḥ | ṛcaḥ sāmāni jajñire | chandāgrāsi jajñire tasmāt |

yajustasmā-dajāyata | tasmādaśvā ajāyanta | ye ke cobhayā-dātaḥ | gāvō ha  
jajñire tasmāt | tasmā-jjātā ajāvayaḥ | yatpuruṣam vyadadhuḥ | katidhā  
vyakalpayan | mukhaṁ kimasya kau bāhū | kāvūrū pādā-vucyete |  
brāhmaṇo'sya mukhamāsīt - | bāhū rājanyaḥ kṛtaḥ | ūrū tadasya yadvaiśyaḥ |  
padbhyāgrm sūdro ajāyata | candramā manaso jātaḥ | cakṣoḥ sūryo ajāyata |  
mukhā-dindra-ścāgniśca | prāṇād-vāyu-rajāyata | nābhyā āsi-dantarikṣam |  
śiṛṣṇo dyauḥ samavartata | padbhyām bhūmir-diśaḥ śrotrāt | tathā lokāgm  
akalpayan . | vedā-hametaṁ puruṣam mahāntam | ādityavarṇam tamasastu  
pāre | sarvaṇi rūpāṇi vicitya dhīraḥ | nāmāni kṛtvā bhivadaṇ , yadāste | dhātā  
purastā-dyamudā-jahāra | śakraḥ pravidvān-pradiśās-catasraḥ | tamevaṁ  
vidvān-amṛta iha bhavati | nānyaḥ panthā ayanāya vidyate | yajñena yajña-  
māyajanta devāḥ - | tāni dharmāni prathamān-yāsan - | te ha nākaṁ mahi-  
mānaḥ sacante | yatra pūrve sādhyāḥ santi devāḥ - |  
om namo nārāyaṇāya || om namo bhagavate rudrāya ||  
puruṣa sūktagg  
śirase svāhā ||

|| uttaranārāyaṇam ||

atha uttara-nārāyaṇo-khyanuṣvākāḥ |

adbhyaḥ sambhūtaḥ pṛtivyai rasācca | viśva-karmaṇaḥ samavar-tatādhi | tasya  
tvaṣṭā vidadhā-drūpameti | tat-puruṣasya viśva-mājāna-magre | vedā-hametaṁ  
puruṣam mahāntam | ādityavarṇam tamasaḥ parastāt - | tamevaṁ vidvān-amṛta  
iha bhavati | nānyaḥ panthā vidyate-yanāya | prajāpatiś-carati garbhe antaḥ |  
ajā-yamano bahudhā vijāyate | tasya dhīraḥ pari-jānanti yonim | marīcinām  
paḍam-icchanti vedasaḥ || yo devebhya ātāpati | yo devānām puro-hitāḥ |  
pūrvo yo devebhyo jātaḥ | namo rucāya brāhmaye | rucām brāhman janayantaḥ  
| devā agre tadabruvan - | yastvaivaṁ brāhmaṇo vidyāt - | tasya devā asan ,  
vaśe | hrīśca te lakṣmīśca patnyau | ahorātre pārśve | nakṣatrāṇi rūpam |  
aśvinau vyāttam | iṣṭam maṇiṣāṇa | amuṁ maṇiṣāṇa | sarvaṁ maṇiṣāṇa |

om namo bhagavate rudrāya |  
uttara-nārāyaṇam mahā-nārāyaṇagg  
śikhāyai vaṣaṭ ||

|| apratiratham (kavacam) ||



atha apratirathānuvkaḥ ||

āśuḥ śiśāno vṛṣabho na yudhmo ghanā ghanāḥ kśobhana-ścārṣaṇinām |  
saṅkrandāno'nimiṣa ekavīraḥ śatagm̄ senā ajayat-sākāmindraḥ ||  
saṅkranda-nenā-nimiṣeṇa jīṣṇunā yutkāreṇa duścya-vanena dhr̄ṣṇunā |  
tadindreṇa jayata tat sahadhvam̄ yudhō nara iṣu-hastena vṛṣṇā ||  
sa iṣu-hastaiḥ sa niṣaṅgi-bhirvaśī saggsraṣṭā sa yudha indro gaṇena |  
sagm̄sr̄ṣṭajit somapā bāhuśar-dhyūrdhavadhanvā prati-hitābhi-rastā ||  
br̄haspate pari dīyā-rathena rakśohā'mitrāgm̄ apa-bādhamānaḥ |  
prabhañjant-senāḥ pramr̄ṇo yudhā jaya-nnasmākā-medhyavitā rathānām ||  
gotrabhidam̄ govidam̄ vajrabāhum̄ jayanta-majmā pramr̄ṇanta-mojasā |  
imagm̄ sajātā anu vīrayadhva-mindragm̄ sakhāyo'nu` sagm̄ rabhadhvam ||  
balavijñāyah sthavīraḥ pravīraḥ sahasvān vājī sahamāna ugraḥ |  
abhivīro abhi-satvā sahojā jaitramindra rathamā tiṣṭha govit . ||  
abhigo-trāṇi sahasā gāhamāno'dāyo vīra-śśatamanyur-indraḥ |  
duścya-vaṇaḥ pṛtanā-śādayuddhyo'"smākagm̄ senā avatu pra yutsu ||  
indra āsām̄ netā br̄haspatir-dakśiṇnā yajñāḥ pura etu somaḥ |  
devasenānā-mabhibhañ-jatīnām̄ jayantīnām̄ maruto yantvagre ||  
indrasya vṛṣṇo varuṇasya rājña ādityānām̄ marutāgm̄ śardha ugram |  
mahā-manasām̄ bhuvanacya-vānām̄ ghoṣo devānām̄ jayatā-mudasthāt ||  
asmākā-mindraḥ samr̄ṭeṣu dhvajeṣva-smākam̄ yā iṣavastā jayantu |  
asmākam̄ vīrā uttare bhavantva-smānu devā avatā haveṣu ||  
uddhārṣaya maghava-nnāyu-dhānyut satvānām̄ māmā-kānām̄ mahāgr̄ṇsi |  
ud vṛtrahan vājīnām̄ vājīnānyu-drathānām̄ jayatā-metu ghoṣaḥ ||  
upa preta jayatā naraḥ sthīrā vassantu bāhavaḥ |  
indro vaśśarma yacchatva-nādhṛṣyā yathā'satha ||  
avasr̄ṣṭā parā pata śaravye brahma-sagm̄sitā |  
gachā-mitrān̄ praviśa maiśām̄ kam̄ cano-cchīṣaḥ ||  
marmāṇi te varma-bhiśchā-dayāmi somastvā rājā'mr̄tenā-bhi'vastām - |  
uror-variyo varivaste astu jayantaḥ tvāmanu madantu devāḥ - ||  
yatra bāṇāḥ sampatanti kumārā viśikhā iva |  
indro nastatra vṛtrahā viśvāhā śarma yacchatu ||

om namo bhagavate rudrāya |

āśu-śśiśāno -'prati-ratham̄

kavacāya hum̄ ||

|| prati-puruṣam ||

atha prati-puruṣānuvākaḥ ||

prati-puruṣa mekaḥkapālā-nnirvāpatye-kama-tiriktaṁ | yāvanto gr̥hyāḥ  
samastebhyaḥ kamakaraṁ | paśūnāgm śarmāsi śarma yajamānasya | śarma me  
yacchaika eva rudro na dvītiyāya tasthe | ākhuste rudra paśustam juṣasvaiṣa te  
rudrabhāgaḥ | saha svastrāmbikayā tam juṣasva bheṣajam | gave'svāya puruṣāya  
bheṣajam | atho asmabhyam bheṣajam subheṣajam yathāsati | sugam meṣāya  
meṣyā avāmba rudramādi-mahyava devam | tryambakam | yathā naḥ śreyasaḥ  
karadyathā no vasya saḥ karadyathānaḥ paśu-mataḥ karadyathā no vyavasā-  
yayāt | tryambakam yajāmahe sugandhim puṣṭi-varadhanam | urvārukamiva  
bandhanān-mṛtyo-r-mukṣīya mā'mṛtāt | eṣate rudra bhāgastam juṣasva tenā-  
vasena paro mūjavato'tihyava-tata dhanvā pinākahastah kṛttivāsah ||

prati-puruṣa mekaḥkapālā-nnirvāpati | jātā evaḥ prajā rudrā-nnira-vādayate |  
ekamati-riktam | janīṣyamānā eva prajā rudrānnira-vādayate | ekakapālā  
bhavanti | ekadhaiva rudram niravādayate |  
nābhi-ghārayati | yadābhi-ghārayāt | antaravacāriṇam rudram kuryāt - |  
ekolmukena yanti | taddhi rudrasya bhāgadheyam | imām diśamyanti | eṣā vai  
rudrasya dik | svāyāmeva diśi rudram niravādayate | rudro vā apaśukāyā  
āhutyai nātiṣṭhata | asau te paśuriti nirdiśedyam dviṣyāt | yameva dveṣṭi |  
tasmai paśum nirdiśati | yadi na dviṣyāt | ākhuste paśuriti brūyāt |

na grāmyān paśūn hinasti | nāraṇyān | catuṣpathe juhōti | eṣa vā agnīnām  
paḍbīṣo nāma | agnivatyeva juhōti | madhyamena parṇena juhōti | srugdhyeṣā |  
atho khalu | antamenaiva hotavyam | antata eva rudra nira-vādayate | eṣa te  
rudra bhāgaḥ sahasva-srāmbikaye-tyāha | śaradvā asyāmbikā svasā | tyā vā eṣa  
hinasti | yagm hinasti | tayaiṣvānagm saha śamayati | bheṣajāṅgava ityāha |  
yāvanta eva grāmyāḥ paśavaḥ | tebhyo bheṣajān-kāroti | avāmba rudramā-  
mādimahī-tyāha | āśiṣa-mevai-tāmāśāste | tryabakam yajāmaha ityāha | mṛtyor-  
mukṣīya mā'mṛtāditi vā vai tadāha | utkiranti | bhagasya lipsante | mūte kṛtvā  
sajanti | yathā janam yate'vasam karoti | tāddagevatat | eṣa te rudra bhāga ityāha  
niravatyai | apratikṣa-māyanti | apaḥ pariṣiñcati | rudra-syāntarhityai | pra vā  
ete'smālo-kāccyavante | ye tryambakai-ścaranti ādityam carum punaretya  
nirvāpati | iyam vā aditiḥ | asyāmeva pratitiṣṭhanti ||

vibhrād-bhr̥hat-pībatu somyam madhvāyur-dadha-dyajñapatā-vavihrutam |  
vātaḥ jūto yo abhi-rakṣati tmanā prajāḥ puṣoṣa purudhā virājati ||

om namo bhagavate rudrāya |  
prati-puruṣam prati-puruṣam vibhrāditi  
netra-trayāya vaṣaṭ . ||

|| tvamagne rudram (śatarudrīyam) ||

atha tvamagne rudrānuvākaḥ ||

śivāya namaḥ ||

tvamagne rudro asuro maḥo divaḥ | tvagm̄ śardho mārutam̄ pṛkṣa īśiṣe | tvam̄  
vātai-raruṇair-yāsi saṅgayāḥ | tvam̄ pūṣā vidhataḥ pāsi nu tmanā | devā deveṣu  
śrayaddhvam | prathamā dvitīyeṣu śrayaddhvam | dvitīyā-str̥tīyeṣu  
śrayaddhvam | tṛtīyā-ścaturtheṣu śrayaddhvam | caturthāḥ pañca-meṣu  
śrayaddhvam | pañcamāḥ ṣaṣtheṣu śrayaddhvam | ṣaṣthāḥ sapta-meṣu  
śrayaddhvam | saptamā aṣṭameṣu śrayaddhvam | aṣṭamā navameṣu  
śrayaddhvam | navamā daśameṣu śrayaddhvam | daśamā ekādaśeṣu  
śrayaddhvam | ekādaśā dvādaśeṣu śrayaddhvam | dvādaśā-strayodaśeṣu  
śrayaddhvam | trayodaśā-ścaturdaśeṣu śrayaddhvam | caturdaśā pañcadaśeṣu  
śrayaddhvam | pañcadaśāḥ ṣoḍaśeṣu śrayaddhvam | ṣoḍaśāḥ sapta-daśeṣu  
śrayaddhvam | sapta-daśā aṣṭādaśeṣu śrayaddhvam | aṣṭādaśā ekānaviḡm̄seṣu  
śrayaddhvam | ekānaviḡm̄sā viḡm̄se ṣu śrayaddhvam | viḡm̄sā ekaviḡm̄seṣu  
śrayaddhvam | ekaviḡm̄sā dvāviḡm̄seṣu śrayaddhvam | dvāviḡm̄sā-  
strayoviḡm̄seṣu śrayaddhvam | trayoviḡm̄sā-ścaturviḡm̄seṣu śrayaddhvam |  
caturviḡm̄sāḥ pañcaviḡm̄seṣu śrayaddhvam | pañcaviḡm̄sā-ṣaḍviḡm̄seṣu  
śrayaddhvam | ṣaḍviḡm̄sāḥ saptaviḡm̄seṣu śrayaddhvam | saptaviḡm̄sā  
aṣṭaviḡm̄seṣu śrayaddhvam | aṣṭaviḡm̄sā ekānatriviḡm̄seṣu śrayaddhvam |  
ekānatriviḡm̄sā-striviḡm̄seṣu śrayaddhvam | triviḡm̄sā ekatriviḡm̄seṣu śrayaddhvam |  
ekatriviḡm̄sā dvātriviḡm̄seṣu śrayaddhvam | dvātriviḡm̄sā-strayastriviḡm̄seṣu  
śrayaddhvam | devāstrirekādaśā-stristraya-striviḡm̄sāḥ | uttre bhavata | uttara-  
vartmānaḥ uttara-satvānaḥ | yatkāma idam̄ juhomī | tanme samṛddhyatām |  
vayagg syāma patayo rayiṇām | bhūr-bhuvaḥ ssva ssvāhā ||

om namo bhagavate<sup>1</sup> rudrāya |  
tvamagne tvamagne śata-rudrīyam-it  
yastrāya phat . |  
bhūr-bhuva-ssuvarom iti digbandhaḥ ||

|| pañcāṅga japah ||

atha pañcāṅgagm sakṛjjapet . ||

śivāya namaḥ ||

sadyojātam prāpadyāmi sadyojātāyavai namo namaḥ | bhave bhave nāti bhave  
bhavaṣvamām | bhavodbhāvāya namaḥ ||

vāmadevāya namo<sup>11</sup> jyeṣṭhāya namaś-śreṣṭhāya namo rudrāya namaḥ | kālāya  
namaḥ kalāvikaraṇāya namo balāvikaraṇāya namo balāya namo  
balāpramathanāya namaḥ | sarvabhūtadamanaya namo manonmanāya namaḥ ||

aghorebhyo'tha ghorebhyo ghora-ghora-tarebhaḥ |  
sarvebhyas-sarvaśarvebhyo namaste astu rudrarūpebhyaḥ ||

tat-puruṣāya vidmahe mahādevāya dhīmahi |  
tanno rudraḥ pracodayāt ||

īśānas-sarva-vidyāna-mīśvaras-sarva-bhūtānām |  
brahmā-dhīpatir-brahmaṇo'dhīpatir-brahmā śivo me astu sadā-śivom ||

|| aṣṭāṅga praṇāmam (namaskāraḥ) ||

atha sāṣṭāṅga praṇāmaḥ ||

śaivāya namaḥ ||

hiraṇyagarbhaḥ samāvarta-tāgre<sup>11</sup> bhūtasya jātaḥ patir eka āsīt - |  
sa dādharma prthivīm dyāmūtemām kasmai devāya haviṣā vidhema ||  
urase namaḥ | umā-maheśvarābhyām namaḥ ||

yaḥ prāṇato nīmiṣato mahitvaika id rājā jagato babhūva |  
ya īśe asya dvīpadaś catuṣpadaḥ kasmai devāya haṁviṣā vidhema ||  
śīrase namaḥ | umā-maheśvarābhyām namaḥ ||

brahmā-jajñānam prāthamaṁ purastā-dvīsi-mata-ssurucō vena āvaḥ |  
sabudhniyā upamā asya viṣṭhā-ssataśca yoni-masataśca vivaḥ ||  
dr̥ṣṭhyai namaḥ | umā-maheśvarābhyām namaḥ ||

maḥī dyauḥ pṛthivī ca na imam yajñam mīmikṣatām |  
pīpṛtām no bharīmabhiḥ ||  
manase namaḥ | umā-maheśvarābhyām namaḥ ||

upā śvāsaya pṛthivīm uta dyām pūruṭrā te manutām viṣṭhitām jagat |  
sa dūndubhe sajūr-indreṇa devair-dūrā-ddavīyo apā sedha śatrūn ||  
vacase namaḥ | umā-maheśvarābhyām namaḥ ||

agne naya supathā rāye asmān viśvāni deva vayunāni vidvān - |  
yuyodhyāsma jjuhūrā-ṇameno bhūyīṣṭhām te namā uktim vidhema ||  
padbhyām namaḥ | umā-maheśvarābhyām namaḥ ||

yā te agne rudriyā tanūstayā naḥ pāhi tasyāste svāhā yā te agne'yāśayā rajāśayā  
harāśayā tanūrvarṣiṣṭhā gahvareṣṭhogram vaco apāvadhīm tveṣam vaco  
apāvadhigg svāhā ||  
karābhyām namaḥ | umā-maheśvarābhyām namaḥ ||

imam yama-prastara-māhi sīdā'ngī-robhiḥ pīṭrbhi-ssaṁvidānaḥ |  
ātvā mantrāḥ kavīśastā vahan-tvenā rājan haṁviṣā mādayasva ||  
karṇābhyām namaḥ | umā-maheśvarābhyām namaḥ ||

urasā śīrasā dr̥ṣṭhyā manasā vacasā tathā |  
padbhyām karābhyām karṇābhyām praṇāmoṣṭāṅga ucyate ||

|| laghu nyāsaḥ ||

om athātmānagm śivātmānagg śīrudrarūpaṁ dhyāyet ||

śuddha-sphaṭika-saṅkāśam trinetram pañca-vaktrakam |

gaṅgādharam daśabhujam sarvabharaṇa-bhūṣitam ||  
nīlāgrīvam śasāṅkāṅkam nāga-yajño-pavitinam |  
vyāghra-carmottariyam ca vareṇyam-abhayam-pradam ||  
kamaṇḍal-vakṣa-sūtrāṇām dhāriṇam sūlapāṇinam |  
jvalantaṁ piṅgalājaṭā-śikhāmudyota-dhāriṇam ||  
vṛṣaskandha-samārūḍham umādehārdha dhāriṇam |  
amṛtenā-plutaṁ śāntaṁ divyabhoga-samanvitam ||  
digdevatā-samāyuktaṁ surāsura-namaskṛtam |  
nityam ca śāśvataṁ śuddham dhruvam-akṣaram-avyayam ||  
sarva-vyāpinam-iśānaṁ rudraṁ vai viśvarūpiṇam |  
evaṁ dhyātvā dvija ssmyak tato yajana-mārabhet ||

athāto rudra-snān-ārcan-ābhiṣeka-vidhiṁ vyākhyāsyāmaḥ |  
ādita eva tīrthe snātvā udetya śuciḥ prayato  
brahmacāri śuklavāsā devābhimukhaḥ  
sthītvā ātmani devatāḥ sthāpayet ||

prajanane brahmā tiṣṭhatu |  
pādayor-viśṇu stiṣṭhatu |  
hastayor-hara stiṣṭhatu |  
bāhvor-indra stiṣṭhatu |  
jaṭhare'gni stiṣṭhatu |  
hṛdaye śiva stiṣṭhatu |  
kaṅthe vasava stiṣṭhantu |  
vaktre sarasvatī stiṣṭhatu |  
nāsikayor-vāyu stiṣṭhatu |  
nayanayoś-candrādityau tiṣṭhetām |  
kaṛṇayor-aśvinau tiṣṭhetām |  
lalāṭe rudrā stiṣṭhantu |  
mūrdhnyādityā stiṣṭhantu |  
śirasi mahādeva stiṣṭhatu |  
śikhāyām vāmadeva stiṣṭhatu |  
pṛṣṭhe pinākī stiṣṭhatu |  
purataḥ sūlī stiṣṭhatu |  
pārśvayoḥ śivā-śankarau tiṣṭhetām |  
sarvato vāyu stiṣṭhatu |  
tato bahiḥ sarvato'gnir-jvālā-mālā parivṛta stiṣṭhatu |

sarve-ṣvaṅgeṣu sarvā devatā yathā-sthānam tiṣṭhantu |  
māgṃ rakṣantu ||

agnirmē vāci śritāḥ vāgdhṛdaye | hīdayaṃ mayi | ahamamṛte | amṛtaṃ  
brahmaṇi |  
vāyurmē prāṇe śritāḥ | prāṇo hṛdaye | hīdayaṃ mayi | ahamamṛte | amṛtaṃ  
brahmaṇi |  
sūryo me cakṣuṣi śritāḥ | cakṣur-hrudaye | hīdayaṃ mayi | ahamamṛte | amṛtaṃ  
brahmaṇi |  
candramā me manasi śritāḥ | mano hṛdaye | hṛdayaṃ mayi | ahamamṛte |  
amṛtaṃ brahmaṇi |  
diśo me śrotre śritāḥ - | śrotragṃ hṛdaye | hṛdayaṃ mayi | ahamamṛte | amṛtaṃ  
brahmaṇi |  
āpo me retasi śritāḥ - | reto hṛdaye | hṛdayaṃ mayi | ahamamṛte | amṛtaṃ  
brahmaṇi |  
pṛthivī me śarīre śritāḥ - | śarīragṃ hṛdaye | hṛdayaṃ mayi | ahamamṛte |  
amṛtaṃ brahmaṇi |  
oṣadhi-vanaspatayo me lomāsu śritāḥ - | lomāni hṛdaye | hṛdayaṃ mayi |  
ahamamṛte | amṛtaṃ brahmaṇi |  
indro me bale śritāḥ | balagṃ hṛdaye | hṛdayaṃ mayi | ahamamṛte | amṛtaṃ  
brahmaṇi |  
parjanya me mūrdhni śritāḥ | mūrdhā hṛdaye | hṛdayaṃ mayi | ahamamṛte |  
amṛtaṃ brahmaṇi |  
īśāno me manyau śritāḥ | manyur-hṛdaye | hṛdayaṃ mayi | ahamamṛte |  
amṛtaṃ brahmaṇi |  
ātmā mā ātmani śritāḥ | ātmā hṛdaye | hṛdayaṃ mayi | ahamamṛte | amṛtaṃ  
brahmaṇi |

punarṃ ātmā punarāyu-rāgāt |  
punaḥ prāṇaḥ punarākū-tamāgāt |  
vaiśvānaro raśmibhir-vāvṛdhānaḥ |  
anta-stiṣṭha-tvamṛtasya gopāḥ - ||

evaṃ yathā-liṅga-maṅgāni sammṛjyā devamātmānam ca pratyā rādhayet ||

atha ātma pūjā ||

śivāya namaḥ ||

ārādhito mānuṣyaistvaṁ siddhair-devāsuraḍibhiḥ |  
ārādhayāmi bhaktyā tvāṁ mānuḡṛhāṇaṁ maheśvara ||  
hara hara namaḥ pārvatī pataye - hara hara mahādeva ||

|| dhyāna ślokaṁ ||

om dhyāye-nnirāmayāṁ vastu sargasthiti-layādikam |  
nirguṇaṁ niṣkalaṁ nityaṁ mano-vācā-magocaram ||  
gaṅgādharaṁ śaśidharaṁ jaṭamakuṭa-śobhitam |  
śvetabhūti-tripuṇḍreṇa virājita lalāṭakam ||  
locana-traya-sampannaṁ svarṇa-kuṇḍala-śobhitam |  
smerā-nanaṁ caturbāhuṁ muktā-hāro-paśobhitam ||  
akṣamālāṁ sudhākumbhaṁ cinmayīm mudrikāmapi |  
pustakaṁ ca bhujair-divyair-dadhānaṁ pārvatī-patim ||  
śvetāmbara-dharaṁ śvetaṁ ratna-simhāsana-sthitam |  
sarvābhīṣṭa-pradātāraṁ vaṭamūla-nivāsinam ||  
japā-kusuma-sahasra-samāna-śriya-mīśvarīm |  
suvarṇa-ratna-khacita-makuṭena virājitām ||  
lalāṭa-paṭṭ-saṁrājat-saṁlagna-tilakāñcitam |  
rājivāyata-netrāntām nilot-palada-lekṣaṇām ||  
santapta-hema-khacita-tāṭaṅkā-bharaṇān-vitam |  
tābulā-carvaṇa-rata-raktajihvā-virājitām ||  
patākā-bharaṇo-petaṁ muktā-hāro-paśobhitām |  
svarṇa-kaṅkaṇa-saṁyuktai-caturbhir-bāhubhir-yutām |  
suvarṇa ratna-khacita-kāñcī-dāma-virājitām |  
kadālī-lalīta-stambha-sanni-bhoru-yugānvitām ||  
śriyā virājita-padām bhaktatrāṇa-parāyaṇām |  
anyonyā-śliṣṭhahṛd-bāhu-gaurīśaṅkara-sañjñakam ||  
sanātanaṁ paraṁ brahma paramātmāna-mavyayam |  
āvāhayāmi jagatā-mīśvaraṁ parameśvaram ||

ātvaḥ vahantu harāyaḥ sacetasah śvatairaśvaiḥ saha ketumadbhiḥ |  
vātājitair-balāvadbhir-manōjavaiḥ - | rāyāhi śīghraṁ | mama havyāya śarvom |

iśāna-māvāhayāmītyāvāhya ||



tryambakam yajāmahe sugandhiṁ puṣṭi-varধানam ।  
urvārukamīva bandhanān-mṛtyo-r-mukśīya mā'mṛtāt ॥  
gaurī mīmāya salilāni takśa-tyekāpadī dvīpadī sā catuṣpadī । aṣṭāpadī navāpadī  
babhūvuṣi sahasrākśarā parame vyoman ॥

॥ rudra viniyoga nāsyā dhyānam ca ॥

॥ viniyogaḥ ॥

om asya śrī rudhrā-dhyāya-praśna-mahā-mantrasya । aghora ṛṣiḥ ।  
anuṣṭup-chandaḥ । saṅkarṣaṇa-mūrti-svarūpo yo'sā-vādityaḥ parama-puruṣaḥ  
sa eṣa rudro devatā । namaḥ śivā-yeti bijam । śivatarā-yeti śaktiḥ । mahādevā-  
yeti kilakam । śrī-sāmba-sadāśiva-prasāda-siddhyarthe । śrīrudra jape viniyogaḥ  
॥

॥ nāsyā ॥

agni-hotrāt-mane aṅguṣṭhābhyām namaḥ ।  
darśa-pūrṇa-māsāt-mane tarja-nībhyām namaḥ ।  
cātur-mās-yātmane madhya-mābhyām namaḥ ।  
nirūḍha-paśu-bandhāt-mane anāmi-kābhyām namaḥ ।  
jyotiṣṭho-mātmane kaniṣṭhi-kābhyām namaḥ ।  
sarva-kratvāt-mane kara-tala-kara-prṣṭhābhyām namaḥ ।  
agni-hotrāt-mane hṛdayāya namaḥ ।  
darśa-pūrṇa-māsāt-mane śirase svāhā ।  
cātur-mās-yātmane śikhāyai vaṣaṭ ।  
nirūḍha-paśu-bandhāt-mane kavacāya huṁ ।  
jyotiṣṭho-mātmane netra-trayāya vaṣaṭ ।  
sarva-kratvāt-mane astrāya phaṭ ।  
bhūr-bhuvas-suvarom-iti digbandhaḥ ॥

॥ dhyānam ॥

āpātāla-nabhaḥ sthalānta-bhuvana-brahmāṇḍa-māvi-sphurat-  
jjyotiḥ sphāṭika-liṅga-mauli-vilasat pūrṇen-du-vāntā-mṛtaiḥ । astokā-plutameka-  
mīsa-manīśam rudrānu-vākā-ñjapan  
dhyāye-dīpsita siddhaye'-drutapadam vipro'bhi-ṣiñjec-chivam ॥  
brahmāṇḍa-vyāpta-dehā bhasita-himarucā bhāsa-mānā bhū-jaṅgaiḥ  
kaṅṭhe kālāḥ kapardā-kalita śāśi-kalāś-caṇḍa-kodaṇḍa-hastāḥ ।

tryakṣā rudrākṣa-mālāḥ praṇata-bhaya-harāḥ sām̐bhavā mūrti-bhedāḥ  
rudrāḥ śrī-rudrasūkta-prakaṭita-vibha-vā naḥ prayac-chantu saukhyam ||

|| gaṇapati prarthānam ||

om gaṇānām tvā gaṇapatigṃ havāmahe kavim̐ kavīnām-upamaśrā-vastamam |  
jyeṣṭha-rājam̐ brahmaṇām̐ brahmaṇaspatā ā naḥ śr̥ṇvan-nūthibhi-ssīdha  
sādanam |

om śrī mahā-gaṇapataye namaḥ ||

|| śānti pāṭham ||

śam̐ ca me` mayāśca me pri`yam̐ ca me`nukā`maśca me` kāmāśca me  
saumana`saśca me bha`draṃ ca me` śreyaśca me` vasyāśca me` yaśāśca me`  
bhagaśca me` draviṇam̐ ca me ya`ntā ca me dha`rtā ca me` kśemaśca me`  
dhṛtiśca me` viśvam̐ ca me` mahāśca me sa`m̐viccā me` jñātram̐ ca me` sūśca me  
pra`sūśca me` sīram̐ ca me la`yaśca ma ṛ`tam̐ ca me` mṛtam̐ ca me'ya`kśmam̐ ca`  
me'nām̐yacca me jī`vātuśca me dīrghāyu`tvam̐ ca me'nami`tram̐ ca` me'bhayam̐  
ca me su`gam̐ ca me` śayanam̐ ca me sū`ṣā ca me su`dinam̐ ca me ||  
om śānti śśānti śśāntiḥ ||

|| rudra namakam ||

om namo bhagavate rudrāya ||

āūm̐ nam̐ ||

namāste rudra maṇyavā utotā iṣave namaḥ |  
namāste astu dhanvane bāhubhyām̐ta te namaḥ ||

yā ta iṣuḥ śivatamā śivam̐ babhūva te dhanuḥ |  
śivā śaravyā yā tava tayā no rudra mṛdaya ||

yā te rudra śivā tanūraghorā'pāpakāśinī |  
tayā nastanuvā śantamayā giriśantā`-bhicākaśiḥ ||

yāmiṣum̐ giriśantā haste bibhar-ṣyastave |  
śivām̐ giritra tāṃ kuru mā higmsiḥ puruṣam̐ jagat .||

śi<sub>1</sub>vena<sub>1</sub> vaca<sub>1</sub>sā tvā giri<sub>1</sub>śā-cchā<sub>1</sub>vadā<sub>1</sub>masi |  
yathā<sub>1</sub> na<sub>1</sub>ḥ sarva<sub>1</sub>mi-jjaga<sub>1</sub>daya<sub>1</sub>-kśma<sub>1</sub>gm su<sub>1</sub>manā<sub>1</sub> asat .||

adhyā<sub>1</sub>vo-cada<sub>1</sub>dhi-vaktā<sub>1</sub> prathā<sub>1</sub>mo daivyō<sub>1</sub> bhi<sub>1</sub>ṣak |  
ahig<sub>1</sub>gśca sarvā<sub>1</sub>ñ-jamb<sub>1</sub>hayant-sarvā<sub>1</sub>śca yātudhā<sub>1</sub>nya<sub>1</sub>ḥ ||

asau<sub>1</sub> yasta<sub>1</sub>mro aru<sub>1</sub>ṇa uta bā<sub>1</sub>bhruḥ<sub>1</sub> suma<sub>1</sub>ṅgala<sub>1</sub>ḥ |  
ye ce<sub>1</sub>māgm ru<sub>1</sub>drā abhi<sub>1</sub>to di<sub>1</sub>kśu śri<sub>1</sub>taḥ saha<sub>1</sub>sraśo<sub>1</sub> vaiśā<sub>1</sub>gm he<sub>1</sub>ḍa ima<sub>1</sub>he ||

asau<sub>1</sub> yo<sub>1</sub> vasarpā<sub>1</sub>ti nī<sub>1</sub>lāgrī<sub>1</sub>vo vilohita<sub>1</sub>ḥ |  
utaina<sub>1</sub>m gopā<sub>1</sub> a<sub>1</sub>drśa<sub>1</sub>-nna<sub>1</sub>drśa<sub>1</sub>-nnuda<sub>1</sub>hā<sub>1</sub>rya<sub>1</sub>ḥ ||

utaina<sub>1</sub>m viśvā<sub>1</sub> bhū<sub>1</sub>tāni sa dr̥<sub>1</sub>ṣto mṛ<sub>1</sub>ḍaya<sub>1</sub>ti na<sub>1</sub>ḥ |  
namo<sub>1</sub> astu<sub>1</sub> nī<sub>1</sub>lāgrī<sub>1</sub>-vāya saha<sub>1</sub>sra<sub>1</sub>-kśāya mi<sub>1</sub>ḍhuṣe<sub>1</sub> ||

atho<sub>1</sub> ye asya<sub>1</sub> satvā<sub>1</sub>no<sub>1</sub> ha<sub>1</sub>m te<sub>1</sub>bhyo<sub>1</sub> kara<sub>1</sub>n nama<sub>1</sub>ḥ |  
pramu<sub>1</sub>ñca dhan<sub>1</sub>vāna<sub>1</sub>-stva<sub>1</sub>-mub<sub>1</sub>hayo<sub>1</sub>-rārtni<sub>1</sub>or<sub>1</sub>ryā<sub>1</sub>m ||

yāśca<sub>1</sub> te hasta<sub>1</sub> iśa<sub>1</sub>vāḥ parā<sub>1</sub> tā bhā<sub>1</sub>gavo vā<sub>1</sub>pa |  
ava<sub>1</sub>tatya<sub>1</sub> dhanu<sub>1</sub>stvagm saha<sub>1</sub>sra<sub>1</sub>kśa<sub>1</sub> śate<sub>1</sub>ṣudhe ||

nī<sub>1</sub>śīrya<sub>1</sub> śalyā<sub>1</sub>nām mukhā<sub>1</sub> śi<sub>1</sub>vo na<sub>1</sub>ḥ su<sub>1</sub>manā<sub>1</sub> bhava |  
vijya<sub>1</sub>m dhanu<sub>1</sub>ḥ kapā<sub>1</sub>dino<sub>1</sub> viśā<sub>1</sub>lyo bā<sub>1</sub>ṇavā<sub>1</sub>gm uta ||

ane<sub>1</sub>śa<sub>1</sub>-nna<sub>1</sub>syēśā<sub>1</sub>va ā<sub>1</sub>bhu<sub>1</sub>rā<sub>1</sub>śya niṣā<sub>1</sub>ṅgathi<sub>1</sub>ḥ |  
yā te he<sub>1</sub>tirmī<sub>1</sub>-ḍhuṣ<sub>1</sub>tama<sub>1</sub> haste<sub>1</sub> bā<sub>1</sub>bhū<sub>1</sub>vā te dhanu<sub>1</sub>ḥ ||

tayā<sub>1</sub> smān viś<sub>1</sub>vata<sub>1</sub>-stvamā<sub>1</sub>ya<sub>1</sub>-kśmayā<sub>1</sub> pari<sub>1</sub>bbhu<sub>1</sub>ja |  
namaste<sub>1</sub> astvā<sub>1</sub>yu<sub>1</sub>-dhā<sub>1</sub>yānā<sub>1</sub>-tatā<sub>1</sub>ya dhṛ<sub>1</sub>ṣṇave<sub>1</sub> ||

ub<sub>1</sub>hā<sub>1</sub>bhyā<sub>1</sub>-mu<sub>1</sub>ta te namo<sub>1</sub> bā<sub>1</sub>hubhyā<sub>1</sub>m tava<sub>1</sub> dhan<sub>1</sub>vāne |  
pari<sub>1</sub> te dhan<sub>1</sub>vāno he<sub>1</sub>tira<sub>1</sub>smān<sub>1</sub>-vṛ<sub>1</sub>ṇaktu viś<sub>1</sub>vata<sub>1</sub>ḥ ||

atho<sub>1</sub> ya iś<sub>1</sub>udhi<sub>1</sub>-stava<sub>1</sub>re a<sub>1</sub>smannidhe<sub>1</sub>hi tam |

śambhave<sub>1</sub> nama<sub>1</sub>ḥ ||

namaste astu bhagavan-viśveśvarāya mahā-devāya tryam-bakāya tripurān-  
takāya trikāgni-kālāya kālāgni-rudrāya nīla-kaṇṭhāya mṛtyuñ-jayāya sarve-  
śvarāya sadā-śivāya śrīman-mahā-devāya namaḥ ||1||

namo hiraṇya-bāhave senānye diśām ca pataye namo namo vṛkśebhyo  
harikeśebhyaḥ paśūnām pataye namo namaḥ saṣpiñ-jarāya tviṣimate pathinām  
pataye namo namo babhluśāya vivyādhine nnānām pataye namo namo  
harikeśyo-pavītine puṣṭānām pataye namo namo bhavasya hetyai jagatām  
pataye namo namo rudrāyā-tatāvine kṣetrānām pataye namo namaḥ sūtāyā-  
hantāyā vanānām pataye namo namo rohitāya sthapataye vṛkśānām pataye  
namo namo mantriṇe vāñijāya kākṣānām pataye namo namo bhuvantaye  
vāriivas-kṛdhāyau-śadhinām pataye namo nama uccair-ghoṣāyā-krandayate  
pattinām pataye namo namaḥ kṛtsnavītāya dhāvate satvanām pataye namaḥ  
||2||

namaḥ sahamānāya nivyaḍina āvyā-dhininām pataye namo namaḥ kakubhāya  
niṣaṅgiṇe stenānām pataye namo namo niṣaṅgiṇa iṣudhimate taskarānām pataye  
namo namo vañcate parivañcate stāyūnām pataye namo namo nicerave  
paricarāyā-rānyānām pataye namo namaḥ srkāvibhyo jighāgrīsadbhyo  
muṣṇatām pataye namo namo śimadbhyo naktām-caradbhyaḥ prakṛntānām  
pataye namo nama uṣṇīṣine giricarāya kuluñcānām pataye namo nama  
iṣumadbhyo dhanvāvi-bhyaśca vo namo nama ātanvānebhya pratidadhāne-  
bhyaśca vo namo nama āyacchadbhyo visṛjad-bhyaśca vo namo namo syadbhyo  
vidhyad-bhyaśca vo namo nama āsīnebhyaḥ śayāne-bhyaśca vo namo namaḥ  
svapadbhyo jāgrād-bhyaśca vo namo nama stiṣṭhadbhyo dhāvād-bhyaśca vo  
namo namaḥ sabhābhyaḥ sabhāpati-bhyaśca vo namo namo aśve`bhyo`svāpati-  
bhyaśca vo namaḥ ||3||

nama āvyadhiniḥbhyo vividhyantī-bhyaśca vo namo nama ugañābhya-  
strgṛmhatībhyaśca vo namo namo grtsebhyo grtsapati-bhyaśca vo namo namo  
vrātebhyo vrātapati-bhyaśca vo namo namo gaṇebhyo gaṇapati-bhyaśca vo  
namo namo virūpebhyo viśvarupe-bhyaśca vo namo namo mahadbhyaḥ .  
kṣullāke-bhyaśca vo namo namo rathibhyo`ra`thebhyaśca vo namo namo  
rathēbhyo rathapati-bhyaśca vo namo namaḥ senābhyaḥ senāni-bhyaśca vo  
namo namaḥ . kṣatṛbhyaḥ saṅgrahītr-bhyaśca vo namo namastakśābhyo  
rathakāre-bhyaśca vo namo namaḥ kulālebhyaḥ karmārebhyaśca vo namo  
namaḥ puñjiṣṭebhyo niṣāde-bhyaśca vo namo nama iṣukṛdbhyo dhanvakṛd-

bhyaśca vo namo namo mṛgayubhyaḥ śvanibhyaśca vo namo namaḥ śvabhyaḥ  
śvapati-bhyaśca vo namaḥ ||4||

namo bhavāya ca rudrāya ca namaḥ śarvāya ca paśupataye ca namo nilagrīvāya  
ca śitikaṅthāya ca namaḥ kapardine ca vyuptakeśāya ca namaḥ sahasrākśāya ca  
śatadhanvane ca namo giriśāya ca śipiviṣṭāya ca namo mīdhustamāya ceśumate  
ca namo hrasvāya ca vāmanāya ca namo bṛhate ca varṣiyase ca namo vṛddhāya  
ca samvṛdvane ca namo agriyāya ca prathamāya ca nama āśave cājirāya ca  
namaḥ śighriyāya ca śibhyāya ca nama ūrmyāya cāvasvanyāya ca namaḥ  
srotasyāya ca dvīpyāya ca ||5||

namo jyeṣṭhāya ca kaniṣṭhāya ca namaḥ pūrvajāya cāparajāya ca namo  
madhyamāya cāpagalbhāya ca namo jaghanyāya ca budhniyāya ca namaḥ  
sobhyāya ca pratisaryāya ca namo yāmyāya ca kśemyāya ca nama urvaryāya ca  
khalyāya ca namaḥ ślokyāya cāvasānyāya ca namo vanyāya ca kakśyāya ca  
namaḥ śravāya ca pratiśravāya ca nama āśuṣeṇāya cāśurathāya ca namaḥ śūrāya  
cāvabhindate ca namo varmiṇe ca varūthine ca namo bilmine ca kavacine ca  
namaḥ śrutāya ca śrutasenāya ca || 6||

namo dundubhyāya cāhananyāya ca namo dhrṣṇave ca pramrśāya ca namo  
dūtāya ca prahitāya ca namo niṣaṅgine ceśudhimate ca namastikśneśave  
cāyudhine ca namaḥ svāyudhāya ca sudhanvane ca namaḥ srutyāya ca pathyāya  
ca namaḥ kāṭyāya ca nīpyāya ca namaḥ sūdyāya ca sarasyāya ca namo nādyāya  
ca vaiśantāya ca namaḥ kūpyāya cāvāṭyāya ca namo varṣyāya cāvarṣyāya ca  
namo meghyāya ca vidyutyāya ca nama īdhriyāya cātapyāya ca namo vātyāya ca  
reṣmiyāya ca namo vāstavyāya ca vāstupāya ca || 7||

hara hara

namaḥ somāya ca rudrāya ca namastāmṛāya cāruṇāya ca namaḥ śaṅgāya ca  
paśupataye ca nama ugrāya ca bhīmāya ca namo agrevadhāya ca dūrevadhāya  
ca namo hantre ca hanīyase ca namo vṛkśebhyo harikeśebhyo namastārāya  
namaśśambhave ca mayobhave ca namaḥ śaṅkarāya ca mayaskarāya ca namaḥ  
śivāya ca śivatarāya ca namastīrthyāya ca kūlyāya ca namaḥ pāryāya cāvāryāya  
ca namaḥ prataraṇāya cottaraṇāya ca nama ātāryāya cālādyāya ca namaḥ  
śaspyāya ca phenyāya ca namaḥ sikatyāya ca pravāhyāya ca || 8||

nama' iriṅyāya ca prapathyāya ca namaḥ kigṁśilāya ca kśayaṅāya ca namaḥ  
kapardine ca pulastaye ca namo goṣṭhyāya ca grhyāya ca namastalpyāya ca  
gehyāya ca namaḥ kāṭyāya ca gahvareṣṭhāya ca namo hradayyāya ca niveṣpyāya  
ca namaḥ pāgṁsavyāya ca rajasyāya ca namaḥ śuṣkyāya ca harityāya ca namo  
lopyāya colapyāya ca nama ūrvyāya ca sūrmyāya ca namaḥ parṅyāya ca  
parṅśadyāya ca namo paguramāṅyāya cābhignate ca nama ākhkhidate ca  
prakhkhidate ca namo vaḥ kirikebhyo devānāgṁ hrdayebhyo namo vikṣi-  
ṅakebhyo namo vicin-vaṅkebhyo nama ānir-hatebhyo nama āmī-vaṅkebhyah ||  
9||

drāpe andhasaspate daridra-nṅilalohita |  
eṣāṁ puruṣāṅā-meṣāṁ paśūnāṁ mā bhermā'ro mo eṣāṁ kiṅcaṅā-māmat . ||

yā te rudra śivā tanūḥ śivā viśvāḥa bheṣajī |  
śivā rudrasya bheṣajī tayā no mṛḍa jīvase ||

imāgṁ rudrāya tavase kapardine kśyadvirāya prabhārāmahe matim |  
yathā naḥ śamasād-dvipade catuṣpade viśvaṁ puṣṭam grāme asminnanāturam  
||

mṛḍā no rudrota no mayaskṛdhi kśaya-dvirāya namasā vidhema te |  
yacchaṁ ca yoṣca manurāyaje pitā tadaśyāma tava rudra praṅitau ||

mā no mahānta-muṭa mā no arbhaḥkaṁ mā na ukṣānta-muṭa mā na ukṣitam |  
mā no vadhiḥ pitaram mota mātarām priyā mā nāstanuvō rudra rīriṣaḥ ||

mānastoke tanāye mā na āyuṣi mā no goṣu mā no aśveṣu rīriṣaḥ |  
virānmā no rudra bhāmito vadhi-rhaviṣmanto namasā vidhema te ||

ārātte goḥna uta pūruṣaghne kśaya-dvirāya sumnamasme te astu |  
rakṣā ca no adhi ca deva brūhyadhā ca naḥ śarma yaccha dvibarhāḥ ||

stuhi śṛṭam gartasadam yuvānam mṛganna bhīma-mupahatnu-mugram |  
mṛḍa jaritre rudra stavāno anyante asmanni-vaṅpantu senāḥ ||

pariṅo rudrasya hetir-vṅaktu pari tveṣasya durmatira-ghāyoh -|  
ava sthirā maghavad-bhyastanuṣva miḍhva-stokāya tanāyāya mṛḍaya ||

mīdhuṣṭama śivatama śivo naḥ sumanā bhava |  
parame vṛkṣa āyudha-nnidhāya kṛttim vasāna ācara pinākam bibhradā-gāhi ||

vikirida vilohita namaste astu bhagavaḥ |  
yāste sahasragm hetayon-yamaṣmanni-vāpantu tāḥ - ||

sahasraṇi sahasradhā bāhuvo-stava hetayaḥ |  
tāsā-mīśāno bhagavaḥ parācīnā mukhā kṛdhi || 10 ||

sahasraṇi sahasraśo ye rudrā adhi bhūmyām |  
teṣāgm sahasra-yojane'vadhanvāni tanmasi ||

asmin mahatyarṇave'ntarikṣe bhavā adhi ||  
nīlāgrīvāḥ śitikanthāḥ śarvā adhaḥ. kṣamācarāḥ - ||  
nīlāgrīvāḥ śitikanthā divagm rudrā upāśritāḥ - ||  
ye vṛkṣeṣu saspīṅjarā nīlāgrīvā vilohitāḥ - ||  
ye bhūtānā-madhipatayo viśikhāsaḥ kapardināḥ ||  
ye anneṣu vīvidhyanti pātreṣu pibato janān ||  
ye pathām pathi-rakṣaya ailabṛdā yavyudhaḥ ||  
ye tīrthāni praacaranti sṛkāvanto niṣaṅgināḥ ||  
ya etāvantaśca bhūyāgmsaśca diśo rudrā vitasthire |  
teṣāgm sahasra-yojane'vadhanvāni tanmasi ||

namo rudrebhyo ye pṛthivyām ye'ntarikṣe ye divi yeṣāmanam vāto varṣa-  
miśava-stebhyo daśa prācīrdaśa dakṣiṇā daśa pratīcīr-daśodīcīr-daśordhvā-  
stebhyo namaste no mṛdayantu te yaṁ dviṣmo yaśca no dveṣti tam vo jambhe  
dadhāmi ||11||

tryāmbakam yajāmahe sugandhim puṣti-vardhanam |  
urvārukamīva bandhanān-mṛtyo-r-mukṣīya mā'mṛtāt ||

yo rudro agnau yo apsu ya ośadhīṣu yo rudro viśvā bhuvanā"viveśa tasmai  
rudrāya namo astu ||

tamuṣṭuḥi yaḥ sviṣuḥ sudhanvā yo viśvāsyā kṣayati bheṣajasya |  
yakṣvāmahe saūmanasāya rudraṁ nabhōbhir-devam-asuraṁ duvasya ||

ayaṁ me hasto bhagavānayaṁ me bhagavattaraḥ |  
ayaṁ me viśvabhṛṣajo'yagm śivā-bhīmarśanaḥ ||

ye te sahasra-mayutaṁ pāsā mṛtyo martyāya hantāve |  
tān yajñasya māyayā sarvānava yajāmahe ||  
mṛtyave svāhā mṛtyave svāhā ||

om namo bhagavate rudrāya viṣṇave mṛtyurme pāhi |  
prāṇānāṁ granthirasi rudro mā viśāntakaḥ |  
tenā-nnenāpyāyāsva ||  
namo rudrāya viṣṇave mṛtyurme pāhi ||  
sadāśivom ||  
om śānti śānti śāntiḥ ||

|| camakaprasnaḥ ||

agnā-viṣṇū sajoṣase-mā vārdhantu vām girāḥ |  
dyumnair-vājebhirāgatam ||

vājaśca me prasavaśca me prayatiśca me prasitiśca me dhītiśca me kratuśca me  
svaraśca me ślokaśca me śrāvaśca me śrutiśca me jyotiśca me suvaśca me  
prāṇaśca me pānaśca me vyānaśca me'suśca me cittaṁ ca mā ādhītaṁ ca me  
vākca me manāśca me cakśuśca me śrotraṁ ca me dakśaśca me balaṁ ca mā  
ojaśca me sahaśca mā āyuśca me jarā ca mā ātmā ca me tanuśca me śarma ca me  
varma ca me'ngāni ca me'sthāni ca me parūgm̐si ca me śarīrāni ca me || 1 ||

jyaiṣṭhyaṁ ca mā ādhīpatyaṁ ca me maṇyuśca me bhāmaśca me'maśca  
me'mbhaśca me jemā ca me mahimā ca me varimā ca me prathimā ca me varṣmā  
ca me drāghuyā ca me vṛddham ca me vṛddhiśca me satyaṁ ca me śraddhā ca  
me jagacca me dhanam ca me vaśaśca me tviṣiśca me krīḍā ca me modaśca me  
jātaṁ ca me janiṣyamānaṁ ca me sūktaṁ ca me sukṛtaṁ ca me vittaṁ ca me  
vedyaṁ ca me bhūtaṁ ca me bhaviṣyacca me sugaṁ ca me supathaṁ ca mā  
ṛddham ca mā ṛddhiśca me kṛptaṁ ca me kṛptiśca me maṭiśca me sumatiśca me  
|| 2 ||



śaṁ ca me mayāśca me priyaṁ ca me nukāmaśca me kāmaśca me saumanaśca  
me bhādraṁ ca me śreyaśca me vasyāśca me yaśāśca me bhagaśca me draviṇaṁ  
ca me yantā ca me dhartā ca me kśemaśca me dhṛtiśca me viśvaṁ ca me mahaśca  
me saṁvicca me jñātraṁ ca me sūśca me praśūśca me siraṁ ca me layāśca ma  
ṛtaṁ ca me mṛtaṁ ca me yakśmaṁ ca me nāmayacca me jīvātuśca me  
dīrghāyutvaṁ ca me namitraṁ ca me bhayaṁ ca me sugaṁ ca me śayanaṁ ca  
me sūśa ca me sudinaṁ ca me || 3||

ūrka me sūnṛtā ca me payāśca me rasaśca me ghrtaṁ ca me madhu ca me  
sagdhīśca me sapitiśca me kṛṣiśca me vṛṣtiśca me jaitraṁ ca ma audbhīdyāṁ ca  
me rayiśca me rāyaśca me puṣtaṁ ca me puṣtiśca me vibhu ca me praḥhu ca me  
baḥu ca me bhūyaśca me pūrṇaṁ ca me pūrṇataraṁ ca me kṣitiśca me  
kūyavāśca me nnaṁ ca me kśucca me vṛhiyaśca me yavāśca me māśāśca me  
tilāśca me mudgāśca me khalvāśca me godhūmāśca me maśurāśca me  
priyaṅgavaśca me ṇavaśca me śyāmakāśca me nīvārāśca me || 4||

āsmā ca me mṛttikā ca me girayaśca me parvatāśca me sikatāśca me  
vanaspatayaśca me hiraṇyaṁ ca me yaśca me sisāṁ ca me trapuśca me śyāmaṁ  
ca me lohaṁ ca me gniśca ma āpaśca me vīrudhaśca ma ośadhayaśca me  
kṛṣṭapaçyaṁ ca me kṛṣṭapaçyaṁ ca me grāmyāśca me paśava āraṇyaśca yajñena  
kalpantāṁ vittaṁ ca me vittiśca me bhūtaṁ ca me bhūtiśca me vasu ca me  
vasatiśca me karma ca me śaktiśca me rthaśca ma emaśca ma itiśca me gatiśca me  
|| 5||

agniśca ma indraśca me somaśca ma indraśca me savitā ca ma indraśca me  
sarasvatī ca ma indraśca me pūśa ca ma indraśca me bṛhaspatiśca ma indraśca  
me mitraśca ma indraśca me varuṇaśca ma indraśca me tvaṣṭā ca ma indraśca me  
dhātā ca ma indraśca me viṣṇuśca ma indraśca me śvinau ca ma indraśca me  
marutaśca ma indraśca me viśve ca me devā indraśca me pṛthivī ca ma indraśca  
me ntarikṣāṁ ca ma indraśca me dyauśca ma indraśca me diśāśca ma indraśca  
me mūrdhā ca ma indraśca me prajāpatiśca ma indraśca me || 6||

agmśuśca me raśmiśca me dābhyaśca me dhīpatiśca ma upāgmśuśca  
me ntaryāmaśca ma aindra-vāyavaśca me maitrā-varuṇaśca ma āśvinaśca me  
prati-praśthānaśca me śukraśca me manthī ca ma āgrayaṇaśca me vaiśvadevaśca  
me dhruvaśca me vaiśvānaraśca ma ṛtugrahaśca me tigrāhyāśca ma  
aindrāgnaśca me vaiśvadevāśca me marutvatīyāśca me māhendraśca ma

ādityāśca me sāvitrāśca me sārāsvatāśca me pauṣṇāśca me pātnīvātāśca me  
hāriyojanaśca me || 7||

idhmaśca me barhiśca me vediśca me dhiṣṇiyāśca me srucāśca me camasāśca me  
grāvāṇāśca me svarāvaśca ma uparāvāśca me dhiṣavāṇe ca me droṇa-kalāśāśca  
me vāyavyāni ca me pūtabhr̥ccā ma ādha-vanīyāśca ma āgnīdhraṃ ca me  
havīrdhānam ca me gr̥hāśca me sadāśca me puroḍāśāśca me pacatāśca  
me vabhr̥thaśca me svagākāraśca me || 8||

agniśca me gharmaśca me rkaśca me sūryāśca me prāṇāśca me śvamedhaśca me  
pṛthivī ca me ditiśca me ditiśca me dyauśca me śakkvarīraṅ-gulayo diśāśca me  
yajñena kalpantām-ṛkca me sāmā ca me stomāśca me yajuśca me dikśā ca me  
tapaśca ma ṛtuśca me vrataṃ ca me horātrayorvr̥ṣṭyā bṛha-drathantare ca me  
yajñena kalpetām || 9||

garbhāśca me vatsāśca me tryaviśca me tryavī ca me dityavāt ca me dityauhī ca  
me pañcāviśca me pañcāvī ca me trivatsāśca me trivatsā ca me turyavāt ca me  
turyauhī ca me paṣṭhavāt ca me paṣṭhauhī ca ma ukśā ca me vaśā ca ma  
ṛṣabhaśca me vehacca me naḍvāñca me dhenuśca ma āyuryajñena kalpatām  
prāṇo yajñena kalpatām-apāno yajñena kalpatām vyāno yajñena kalpatām  
cakśur-yajñena kalpatāgg śrotraṃ yajñena kalpatām manō yajñena kalpatām  
vāgyajñena kalpatām-ātmā yajñena kalpatām yajño yajñena kalpatām || 10 ||

ekā ca me tisraśca me pañca ca me sapta ca me navā ca ma ekādaśa ca me  
trayodaśa ca me pañcadaśa ca me saptadaśa ca me navadaśa ca ma ekāvigm-  
śatiśca me trayovigm-śatiśca me pañcavigm-śatiśca me saptavigm-śatiśca me  
navavigm-śatiśca ma ekatrigm-śacca me trayastrigm-śacca me catasraśca me ṣṭau  
ca me dvādaśa ca me ṣoḍaśa ca me vigm-śatiśca me caturvigm-śatiśca  
me ṣṭāvigm-śatiśca me dvātrigm-śacca me ṣaṭtrigm-śacca me catvarigm-śacca me  
catuś-catvārigm-śacca me ṣṭācatvārigm-śacca me vājaśca prasavaścā-pijaśca  
kratuśca suvaśca mūrdhā ca vyaśniyaś-cāntyāyanaś-cāntyāśca bhauvanaśca  
bhuvanaścā-dhipatiśca || 11||

om idā devahūr-manuryajñanīr-bṛhaspatīrukthā-madāni śagmsiṣa-dviśvedevāḥ  
sūktā-vācaḥ pṛthivī-mātarmā mā higmsīr-madhu maniṣye madhu janiṣye madhu  
vakśyāmi madhu vadiṣyāmi madhumatīm devebhyo vācamudyāśagm

śuśrūṣeṇyām̐ maṇuṣyēbhyastam̐ mā devā avantu śobhāyai pitaro'numadantu ॥  
॥

om śānti śānti śāntiḥ ॥