

॥ नित्य तर्पणम् ॥

॥ **nitya tarpaṇam** ॥

Simple daily tarpana offerings

This text follows the tradition of Āpastamba. This is an abbreviated form of Pitri Tarpanam which is performed daily as a part of Brahma Yajna, after the midday Sandhya Practice called Madhyanikam. For the daily offering of tarpana, only water is offered without the addition of sesame seeds. It is possible to abbreviate this offering even more by omitting the Deva and Rishi tarpanas. This rituals could also be further simplified by doing nothing else other than offering water three or more times with the one mantra:

ॐ सर्व माता-पितृभ्यां स्वधा नमस्-तर्पयामि ॥

om sarva mātā-pitṛbhyāṁ svadhā namas-tarpayāmi ॥

॥ गणेश प्रार्थनाम् ॥

॥ **gaṇeśa prārthanām** ॥

Prayer to Ganesha

शुक्लाम्-बरधरं विष्णुं शशि-वर्णं चतुर्भुजम्।

प्रसन्न-वदनं ध्यायेत् सर्वविघ्नो-पशान्तये ॥

śuklām-baradharam viṣṇuṁ śaśi-varṇam caturbhujam |

prasan-navadanam dhyāyet sarvavighno-paśāntaye ॥

"Lord, you are dressed in splendid white and pervading all the universe, you have four arms and shine like the Moon. By meditating on your radiant face, may all obstacles be quelled."

श्री गुरुभ्यो नमः हरिः ॐ ॥

śrī gurubhyo namaḥ hariḥ om ॥

"To the respectable Guru, I bow. Hari Om"

॥ आचमनं ॥

॥ **ācamanaṁ** ॥

Sipping water for purification

(swallow water three times with the following mantras:)

ॐ ब्रह्मणे स्वाहा।

ॐ विष्णवे स्वाहा।

ॐ रुद्राय स्वाहा

om brahmaṇe svāhā |

om viṣṇave svāhā |

om rudrāya svāhā

॥ प्राणायामम् ॥

॥ **prāṇāyāmaṃ** ॥

Breathing exercise for purifying the subtle channels

(breathe in through the left nostril, hold the breath, and then breathe out through the right nostril.)

Tarpaṇam Hand Positions

Deva Tirtham
for offerings to the Gods



Pitṛ Tirtham
for offerings to
the ancestors



ṛiṣhi Tirtham
for offerings
to the Sages



Brahma Tirtham
for offerings taken internally



Note: For tarpaṇam the four fingers should be kept together though the thumb may be kept slightly apart. When taking water from the Brahma Tirtham it is customary to keep the index finger curled inward toward the palm.

॥ सर्वदेव तर्पणम् ॥

॥ **sarvadeva tarpaṇam** ॥

(Satiating God with oblations of Water. For Deva TarpaNa the yajno-paviitam should be worn as normal over the left shoulder (for those who wear the sacred thread). Pour tarpanaNam from the palm of the right hand through the tips of the fingers. Water should be collected when offering in a large bowl or plate with high sides.)

ब्रह्मादयो ये देवाः तान् देवान् तर्पयामि ।

सर्वान् देवान् तर्पयामि ।

सर्वदेव गणान् तर्पयामि ।

सर्वदेव-पत्नी स्तर्पयामि ।

सर्वदेव गणपत्नीः तर्पयामि ॥

brahmādayo ye devāḥ tān devān tārpayāmi |

sarvān devān tārpayāmi |

sarvadeva gaṇān tārpayāmi |

sarvadeva-patnī stārpayāmi |

sarvadeva gaṇapatnīḥ tārpayāmi ||

May Brahman (the formless Lord from which all has sprung forth) along with all other Devas (deities or spiritual beings created from Lord Brahman) be satisfied.

May all Devas be satisfied.

May the group of all Devas be satisfied

May all consorts of all Devas be satisfied

May all groups of consorts associated with all groups of Devas be satisfied.

॥ ऋषि तर्पणम् ॥

॥ **ṛṣi tarpaṇam** ॥

(Offer tarpaNaM for the Sages pouring from the right palm to the left side below little finger.)

(If you wear a Yajno-paviitam it should be changed to be worn around the neck like a necklace for R^iShi TarpaNam . Then do aachamaniam:)

॥ आचमनं ॥

॥ **ācamaṇam** ॥

repeat aacamanam

(swallow water thrice)

ॐ ब्रह्मणे स्वाहा ।

ॐ विष्णवे स्वाहा ।

ॐ रुद्राय स्वाहा ॥

om brahmaṇe svāhā |

om viṣṇave svāhā |
om rudrāya svāhā ||

ॐ सप्त ऋषिं तर्पयामि
ॐ ऋषि गोत्रं तर्पयामि
ॐ ऋग् वेदं तर्पयामि
ॐ यजुर्-वेदं तर्पयामि
ॐ साम-वेदं तर्पयामि
ॐ अथर्व-वेदं तर्पयामि
ॐ श्रुतिं तर्पयामि
ॐ स्मृतिं तर्पयामि
ॐ सर्व ऋषिं तर्पयामि
ॐ सर्व धर्मं तर्पयामि

om sapta ṛṣiṃ tārpayāmi
om ṛṣi gotraṃ tārpayāmi
om ṛg vedaṃ tārpayāmi
om yajur-vedaṃ tārpayāmi
om sāma-vedaṃ tārpayāmi
om atharva-vedaṃ tārpayāmi
om śrutim tārpayāmi
om smṛtim tārpayāmi
om sarva ṛṣiṃ tārpayāmi
om sarva dharmāṃ tārpayāmi

May the Seven Sages be satisfied
May the Sages associated with our lineage be satisfied
May the Sages of the Rigveda be satisfied
May the Sages of the Yajurveda be satisfied
May the Sages of the Saamaveda be satisfied
May the Sages of the Atharvaveda be satisfied
May the Sages who revealed all the scriptures be satisfied
May the Sages who authored texts from their mystical experiences be satisfied
May all Sages be satisfied
May the Sages who taught and uphold righteous living be satisfied

पितृ तर्पणं
pitṛ tarpaṇam

(Offerings of water for the Ancestors. Anyone can perform this daily pitri tarpanam irrespectively, even if one's father is still living. All people may be bound by the karmas of their family (for example they may be suffering from some genetic health conditions). It is right for all people who wish to bless their relatives and who wish to be free from family karmas to make this offering.)

(If you wear a Yajno-paviitam it should be worn on the right should for pitR^i tarpaNam. Then do aachamaniyam:)

॥ आचमनं ॥

॥ ācamaṇam ॥

repeat aacamanam

(swallow water thrice)

ॐ ब्रह्मणे स्वाहा।

ॐ विष्णवे स्वाहा।

ॐ रुद्राय स्वाहा॥

om brahmaṇe svāhā |

om viṣṇave svāhā |

om rudrāya svāhā ||

ॐ पितृन् स्वधा नमस्तर्पयामि।

सर्वान् पितृन् तर्पयामि।

सर्व पितृ-गणान् तर्पयामि।

सर्व पितृ पत्नीः तर्पयामि।

सर्व पितृ गणपत्नीः तर्पयामि॥

om pitṛṇ svadhā namastārpayāmi |

sarvān pitṛṇ tārpayāmi |

sarva pitṛ-gaṇān tārpayāmi |

sarva pitṛ patnīḥ tārpayāmi |

sarva pitṛ gaṇapatnīḥ tārpayāmi ||

Om may the Ancestors be satisfied by this offering , to them I bow and offer the sacred benediction "swadhaa"

May all the Ancestors be satisfied

May the groups of all Ancestors be satisfied

May all the wives of my fathers be satisfied

May all the wives of everyone in the group of my ancestors be satisfied

॥ कारुण्य तर्पणम् ॥

॥ kāruṇya tarpaṇam ॥

Compassionate offering for all departed souls

(Now one could perform kaaruNya tarpaNam for other dead relatives, friends, associates, respected elders, animals, plants, insects etc. Satguru Venkataraman from Tamil Nadu taught that it is important for men and women to make offerings for all their dead relatives. He taught it was important to make offerings for the souls of all who we had been close to in life and for all plants and animals we cared about or killed. He taught it is extremely important to make

offerings for animals consumed as food. We should make offerings also for the vegetables, grains, and plants which have died to feed us. This karunya tarpana mantra comes from his teachings. Offerings could be made with this mantra followed by the name of the person, or a description of the animal etc.)

कारुण्य आरण्य कर्पूरत् तर्पणमे।

kāruṇya āraṇya karpūrat tarpaṇame |

(name or description)

नमस्-तर्पयामि॥

namas-tārpayāmi ||

(this process should be repeated three times for each person, animal, or plant.)

(If you wear the Yajno-paviitam, it should be returned to the normal position over the left shoulder:)

॥ आचमनं ॥

॥ ācamaṇam ॥

repeat aacamanam

(swallow water thrice)

ॐ ब्रह्मणे स्वाहा।

ॐ विष्णवे स्वाहा।

ॐ रुद्राय स्वाहा॥

om brahmaṇe svāhā |

om viṣṇave svāhā |

om rudrāya svāhā ||

ॐ शान्ति शान्ति शान्ति॥

om śānti śśānti śśāntiḥ ||

After tarpanam is completed, we should take the water offered and pour it respectfully outside somewhere where people will not step on it. Ideally, the water would be poured into flowing water like a river or ocean. It could also be poured at the base of a tree or flower bed if this is not easy to accomplish.