

# 24 Tattvas

(Cosmic Principles)

Brahman/Paramaśhiva  
(The Formless Source)

Puruṣha / Śhiva (Pure Being / Consciousness Divine Masculine)	1) Prakṛti / Śhakti (Pure Nature / Will Divine Feminine)
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2) Mahad (Universal Intelligence) & Buddhi (Individual Intellect)
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3) Ahaṅkāra (the Ego or "I-maker")
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Triguṇa  
(Three Cosmic qualities)

Sattva (Quality of equilibrium, clarity, and potential)	Rajas (Quality of kinesis / movement)	Tamas (Quality of inertia, dullness, darkness)
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From the interaction of Sattva and Rajas:

4) Manas (Individual, instinctive mind)
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Jñānendriyas (5 Faculties of senses)	Karmendriyas (5 Faculties of action)
5) Śhrotra (Hearing)	10) Vak (Speaking)
6) Tvak (Touching)	11) Pāṇi (Grasping)
7) Cakṣhu (Seeing)	12) Pada (Walking)
8) Rasana (Tasting)	13) Pāyu (Procreation)
9) Ghrāṇa (Smelling)	14) Upastha (Elimination)

Organic

From the interaction of Tamas and Rajas:

*Each tanmātra is the quality of the adjacent  
mahā bhūta in the following table.*

Tanmātras (5 Objects of sense)	Mahā bhūtas (5 Great Elements)
15) Śabda (Sound)	20) Ākāśa (Ether / space)
16) Sparśa (Feel)	21) Vāyu (Air)
17) Rūpa (Form)	22) Agni (Fire)
18) Rasa (Taste)	23) Āpas (Water)
19) Gandha (Smell)	24) Pṛthivī (Earth)

Inorganic